



Southwest Florida Premiere At Lab Theater

by Di Saggau

On Broadway, *It's Only a Play* starred Nathan Lane, Matthew Broderick, Stockard Channing, F. Murray Abraham and Megan Mullally. Annette Trossbach, Lab Theater's artistic director, spent three years trying to get the rights to perform this play and her persistence paid off. Playwright Terrence McNally knows theater, and *It's Only a Play* is about the comedy of Broadway with lines that theater-goers will remember and enjoy. The opening night performance had the audience entertained to the hilt.

The action takes place in a Manhattan townhouse, the home of producer Julia Budder (Danielle Channell). Julia has tons of money and enjoys taking a chance on a new play. This one is called *The Golden Egg*, which she feels is sure to earn her a Tony. Downstairs, a post-show party is going on with just about every significant name you can think of, including Al



From left, Todd Lyman, Danielle Channell, Aricka Shuck, Dave Chesebro, Cameron Rogers, Scott Carpenter and John Daniel Streatly

photo provided

Pacino, Lady Gaga and Rosie O'Donnell, who's been spotted chatting with the Pope. Meanwhile, Julia and the others wait for those all-important opening night reviews.

There's naive Gus (Cameron Rogers),

carting coats up and down and throwing them on the bed, while dropping names of the famous owners. He's endearingly honest in his portrayal. James Wicker (Scott Carpenter) is an ex-famous actor, who stars in a successful sitcom that may

soon be canceled. He's a friend of the playwright, Peter Austin (Dave Chesebro), and was originally offered the lead in the play, but turned it down because he didn't like the script. I especially liked Carpenter's portrayal of a man torn between loyalty for his old friend, and his own future. I laughed out loud when he said, "It was me, Harvey Fierstein." It'll make sense when you see the show.

Virginia Noyes (Aricka Shuck) gets lots of laughs with one liners. She's a drug addict actress, on parole, wearing an ankle bracelet that goes off during the play. Ira Drew (Todd Lyman) is a delightfully effeminate reviewer, who aspires to be a playwright, and Sir Frank Finger (John Daniel Streatly) is a famous director with a penchant for kleptomania. There's even a dog who only appears at the curtain call.

I enjoyed the acting, the set and the many clever lines in *It's Only a Play*. All the cast members deliver lines that will mean something to anyone who knows theater. They also work very well together in this witty show. It plays through August 26 at Laboratory Theater of Florida, located at 1634 Woodford Avenue in downtown Fort Myers. For tickets, call 218-0481 or go to www.laboratorytheaterflorida.com.✱

Comedians To Perform At SalusCare Benefit

Three nationally recognized professional comedians will take the stage at Broadway Palm Dinner Theatre on Saturday, August 18 when they perform at the 4th annual Laughter Is the Best Medicine Comedy Night to benefit SalusCare, Inc.

Professional comedian Michael Palascak returns for the fourth time and will serve as emcee for the evening as well as perform his stand-up comedy routine. Fellow professional comedians Pat McGann and Dwayne Perkins also will perform.

"We are thrilled to have not just one – but three professional comedians join us for our signature event. This is in addition to our four celebrity comics who will be performing and competing for two awards chosen by the audience," said SalusCare Development Committee Co-chair Marc Collins.

Tickets are \$150 each, and include heavy hors d'oeuvres, drinks and the show. They may be purchased at www.saluscarecomedyevent.org.

All three professional comedians have earned kudos for their stand-up routines. Palascak appeared on *The Late Show with David Letterman*, *The Tonight Show with Jay Leno* and *The Late Late Show with Craig Ferguson*. He also has



Michael Palascak

photos provided

performed at Caesar's Palace in Las Vegas, won HBO's Lucky 21 Stand-up Contest and was a finalist in NBC's *Last Comic Standing*. Palascak was one of 12 comedians in America to debut his half-hour special on the inaugural season of Comedy Central's *The Half Hour*.

McGann created and hosted the Emmy-nominated television show *The Chicago Stand Up Project*. He appeared twice on *The Late Show with David Letterman* and *The Late Show with Stephen Colbert*, and has been invited to appear at The Great American Comedy



Pat McGann

Festival, Laugh Fest and The Lucille Ball Comedy Festival. He has been heard on the nationally syndicated *The Bob & Tom Show* as well as seen on AXN-TV's *Gotham Comedy Live*. His debut comedy album *Sounds Good* can be heard on Sirius/XM radio.

Perkins is a new addition to the comedic lineup this year. His one-hour special, *Dwayne Perkins: Take Note*, debuted on Netflix to rave reviews and became one of the top Netflix comedy specials of all time. He has appeared several times on Comedy Central and



Dwayne Perkins

Conan O'Brien and had a recurring piece on *The Jay Leno Show* entitled *Great White Moments in Black History* that was a viewer favorite. He also is the author of *Hot Chocolate For the Mind*, a collection of humorous essays.

Four local celebrities also will perform a five-minute stand-up routine for event attendees who will "vote" for the best comedic performance. An award also will be presented to the celebrity comic who raises the most money for SalusCare.

The local celebrities who will exchange
continued on page 22

Historic Downtown Fort Myers, Then And Now:

Friendship Missionary Baptist Church



by Gerri Reaves, PhD

Pictured in this early 20th century photo are congregants of one of Fort Myers’s oldest churches, Friendship Missionary Baptist Church.

The photo is undated but likely was taken soon after the church was constituted in 1912. The first congregation was a group of former members of St. John Missionary Baptist Church, which had formed in 1898 as the third oldest black church in Fort Myers.

According to church records, the congregation’s first building was created by joining two three-room, one-story houses and was located on Orange Street a bit east of the southeast corner at

Cranford Avenue.

It was in a residential neighborhood, and the railroad tracks ran in close proximity to that corner.

The houses were purchased from John W. Alexander, who lived next door to the church. By the early 1920s, he lived, along with his wife, Nonie, in a two-story house next door and was an employee of Southern Utilities.

The Rev. Frank Anthony served as the first pastor until 1915, followed by the Rev. TC Collier (until 1921), the Rev. DM Brooks (until 1924), and the Rev. JH Murphy (until 1930). Among the first ordained deacons was John Sams, Sr.

An organ belonging to Evelyn Sams, the first church musician, was donated to the church. Evelyn Sams (later Evelyn Sams Canady) went on to become one of the town’s most important and influential community leaders, founding Dunbar’s Annual Easter Parade, in addition to many other accomplishments.

Growth and improvement characterized the church’s early decades.

In 1917, the church built a white frame, one-story building that had a bell tower, a cornerstone commemorating the church’s founding, a double entrance, stained-glass



Pictured in this photo that was probably taken in the 19-teens are congregants of the Friendship Missionary Baptist Church, organized in 1912. The first church site was on Orange Street just east of Cranford Avenue.
photo courtesy SWFL Florida Historical Society



The historic church moved from this first site at Orange and Cranford to a new sanctuary in 1950. Another church is located there today.
photo by Gerri Reaves

windows and a low fence surrounding neat landscaping.

Several building alterations were made in the church’s first decade or so.

It was dedicated in 1922 and remodeled during the Rev. Brooks’s pastorate.

Under the leadership of the Rev. Eli Hamilton, who served until 1959, the church began a new era by purchasing land for a new sanctuary on Palm Avenue.

It took years to realize the dream, but in November 1950, the first service was held in the new sanctuary.

The parcel pictured here was sold to another church.

Another significant church leader was the Rev. Isadore Edwards, Jr., who served for a decade after a short period of interim pastors. He guided the church through the difficult and tumultuous 1960s.

Known as the “Father of Civil Rights in Fort Myers,” Edwards was a leader in the fight to desegregate Lee County public schools and was the president of the local NAACP chapter.

He also became an important representative of the black community in local government matters.

The church continued to grow both in facilities and degree of outreach. More land was acquired, the facilities greatly improved and a parsonage purchased.

Following Edwards, the currently serving pastor, James A. Bing, began his tenure in 1974.

Friendship Missionary Baptist Church celebrated its 106th birthday last June.

A church exists today on the site where the church first began in 1912.

Visit the first site of one of Fort Myers’s oldest black churches and contemplate the dedication and faith that made it a force in the community for more than a century.

Then visit these two research centers to learn more about the town’s first black churches.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For more information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

Sources: The Archives of the Lee County Black History Society and the Southwest Florida Historical Society, the *Fort Myers Press*, and *The News-Press*.✱

Independently Owned And Operated
COPYRIGHT 2018 The River Weekly News
LORKEN Publications, Inc.



Read Us Online: www.IslandSunNews.com



Publisher

Lorin Arundel

Advertising Sales

Bob Petcher

Graphic Arts/ Production

Ann Ziehl, Manager
Amanda Hartman
Justin Wilder

Reporters

Gerri Reaves, PhD
Jeff Lysiak

Contributing Writers

Jennifer Basey	Marion Hauser, MS, RD
Barbara Cacchione	Ross Hauser, MD
Kay Casperson	Anne Mitchell
Suzy Cohen	Capt. Matt Mitchell
Linda Coin	Trinette Nelson
Marcia Feeney	J. Brendan Ryan, CLU,
Ed Frank	ChFC, MSFS
Shelley Greggs	Di Saggau
Tom Hall	Jeanie Tinch

The River Weekly News will correct factual errors or matters of emphasis and interpretation that appear in news stories. Readers with news, tips, comments or questions, call 239-395-1213 or write to: The River Weekly News, 1640 Periwinkle Way, Suite 2, Sanibel FL 33957. FAX number: 239-395-2299. Email: press@islandsunnews.com. Email: ads@islandsunnews.com The River Weekly News reserves the right to refuse, alter or edit any editorial or advertisement.

DOC FORD'S
RUM BAR & GRILLE

AWARD WINNING
FLAVORS FROM THE
CARIBBEAN RIM!

The Original
Yucatan Shrimp

**"For the sun-kissed & sun-desirous
alike, a vacation on a plate."**

The New York Times
Magazine

Flat Breads • Outdoor Seating • Island Mojitos

Sanibel Island



2500 Island Inn Rd
Sanibel Island FL, 33957
239.472.8311

Captiva Island

Open to the Public!



South Seas Island Resort
Captiva Island FL, 33924
239.312.4275



Follow & Review us on social media!



Trillium Piano Trio, from left, Ruby Berland, Yoko Sata Kothari and Susannah Kelly photo provided

Trio To Perform At Shell Point

Shell Point Retirement Community will conclude its 2018 Summer Concert Series with a performance by Trillium Piano Trio in the Grand Cypress Room at The Woodlands at Shell Point on Thursday, August 16 at 7 p.m. Tickets are \$21 per person, and the concert is open to the public.

Featuring Susannah Kelly on cello, Yoko Sata Kothari on piano and Ruby Berland on violin, the Trillium Piano Trio's musical act will introduce classical music

with a modern twist. Founded in 2003, Trillium Piano Trio has been inspiring the South Florida musical community and captivating audiences for more than a decade. The trio's highly personal approach to their performance includes a signature talk to explain the stories behind each piece, resulting in a relatable performance that connects the audience to the artistry of the music.

The Woodlands at Shell Point is located at 14441 Woodsong Lane in Fort Myers. For more information or tickets, visit www.shellpoint.org/concerts or call 454-2067. Tickets purchased online or by phone will be held for pick-up at will call on the night of the performance.✧

Chorale To Offer Summer Sing

The Symphonic Chorale of Southwest Florida will present its fourth annual Summer Sing at the Sidney and Berne Davis Art Center on Tuesday, August 28 at 7 p.m. The Symphonic Chorale welcomes all area singers who would like to participate. Summer Sing is free of charge and no audition is necessary.

Summer Sing 2018 will feature a rehearsal and subsequent performance of John Rutter's *Requiem*, a musical setting of parts of the Latin Requiem, with added psalms and biblical verses. Artistic Director Dr. Trent Brown will lead all singers in a rehearsal, and then *Requiem* will be presented to the audience, complete with chorus, soprano soloist and the chorale's accompanist, pianist Abbey Allison.

"We are very excited to be doing Summer Sing at the Sidney & Berne Davis Art Center for the second time and proud to present this beautiful work," said

Brown. "We had over 120 singers join us for Summer Sing last year, and this year we want to add to that number. We also hope to welcome a large audience."

Summer Sing is quickly becoming an end-of-summer event that is highly anticipated by area singers. All singers are invited to participate. Scores will be provided or singers may bring their own. Singers are asked to register for free online at www.symphonicchorale.org so that adequate seating will be provided. The chorale is very grateful to the City of Fort Myers through its Arts & Culture grant program that will help support this event in the River District.

The Symphonic Chorale of Southwest Florida is the area's only professional core community chorus and is the resident chorus of the Southwest Florida Symphonic Orchestra. Area singers are also encouraged to audition for the chorale and enjoy being part of its 2018-19 season.

The Sidney and Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, call 560-5695.✧

ENPY Award Nominations Due August 31

Michael Chatman, president and CEO of the Cape Coral Community Foundation, is inviting the Southwest Florida community to nominate outstanding local nonprofit organizations, leaders and partners for the second annual Excellence in Nonprofit Performance Yearly awards (The ENPYs). Finalists and winners will be recognized at the awards luncheon at Crowne Plaza Bell Tower on October 9 from 11 a.m. to 1:30 p.m.

Up to three finalists will be selected in each of the following categories by a panel of judges:

- Nonprofit Organization of the Year (established more than three years ago)
- Nonprofit Rising Organization of the Year (established less than three years ago)
- Nonprofit Executive of the Year (CEO, president, executive director)
- Nonprofit Board Leader of the Year (board member)
- Nonprofit Employee of the year (paid staff member)
- Nonprofit Volunteer of the Year

(individual who serves the organization and/or community)

Nonprofit Business Partner of the Year (business who supports nonprofits and the community)


In addition, the Community Impact Award, the Paul Sanborn Service Above Self Award and the Elmer Tabor Generosity Award will be presented to three inspirational individuals. The Organization of the Year and Rising Organization of the Year will each be awarded a grant from the Cape Coral Community Foundation. Application submissions are due Friday, August 31 at 10 a.m.


"A prosperous community is made up of individuals who dedicate themselves and their time to make it the best place it can be," Chatman said. "The ENPY Awards gives us the opportunity to celebrate those exemplary individuals and their contributions in Southwest Florida."

Sponsorships are also available until September 10. Criteria, instructions, nomination forms and sponsorship information are available at www.theenpys.com.

Crowne Plaza Bell Tower is located at 13051 Bell Tower Drive in Fort Myers. For more information, call 542-5594 or visit www.CapeCoralCF.org.✧

ALEX AND ANI

 **MADE IN AMERICA WITH LOVE**



Synergy

Synergy Tahitian Gardens • 1891 Periwinkle Way, Sanibel Island, FL
239-395-5353 • SynergySportswear.com

LUCILLE'S BOUTIQUE

PREMIUM WOMEN'S CONSIGNMENT

15675 McGregor Blvd. Extension
Ft. Myers, Florida 33908

Mon - Fri 10 to 5
Sat 10 to 4

239-489-3554

Consignment by appt. only

lucillesboutique@hotmail.com

BRING THIS AD IN FOR 10% OFF YOUR PURCHASE

FORT MYERS RIVERFRONT

15111-15119 ANCHORAGE WAY, FT. MYERS
 • 2+ Acres, 265' Seawall
\$2,495,000 **MLS 218037353**
 McMurray & Nette 239.850.7888

COUNTRY CLUB ESTATES

OPEN 8/12 1:00PM - 4:00PM

1245 SHADOW LN., FT. MYERS
 • 3 BR, 3.5 BA in Old Fort Myers
\$889,000 **MLS 218046864**
 Sally Hunt, McMurray & Nette 239.470.4226

MCGREGOR ISLES

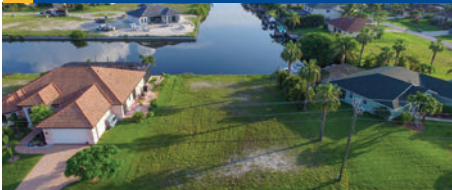
393 PARKWAY CT., FT. MYERS
 • Direct Deep Water Access, 1,800' to River
\$499,900 **MLS 218015373**
 Chad Reedy, McMurray & Nette 239.989.8838

**MCGREGOR ISLES
NEW LISTING**

419 PARKWAY CT., FT. MYERS
 • Direct Deep Water Access, 1,800' to River
\$459,000 **MLS 218049323**
 Tom Kiddy, McMurray & Nette 239.410.8047

MAJESTIC PALMS

11701 OLIVETTI LN. #104, FT. MYERS
 • New 3 BR, 3 BA Condo, 1,751 S.F.
\$299,421 **MLS 218033256**
 Ross Winchel, Koffman Group 239.898.1214

SOUTHWEST CAPE

2911 W. BEACH PKWY., CAPE CORAL
 • Intersecting Canals
\$199,900 **MLS 217066076**
 Nicholas Hahn 239.910.1685

ROYAL SHELL[®]



Beyond
 EXCELLENCE.™



Florida Locations: Bonita Springs/Estero, Cape Coral, Captiva Island,
 Fort Myers, Naples/Marco Island, Ocala and Sanibel Island

North Carolina Locations: Cashiers/Lake Glenville,
 Highlands and Sapphire Valley/Lake Toxaway

RoyalShellRealEstate.com | 239.689.7653 | RoyalShell.com

**LAKEFRONT
NEW LISTING**

812 NW 18TH AVE., CAPE CORAL
 • 90° Pocket Sliders, Infinity Edge Pool
\$400,000 **MLS 218046253**
 Ross Winchel, Koffman Group 239.898.1214

CAUSEWAY KEY

OPEN DAILY 12:00PM - 4:00PM

13400 CAUSEWAY PALMS CV., FT. MYERS
 • On-Island Lifestyle, Off-Island Pricing
\$275,000 **MLS 218036804**
 Scott Allan 239.333.3635

PALM ISLES

11631 ISLE OF PALMS DR., FT. MYERS BEACH
 • Build Your Dream Home
\$399,000 **MLS 218012834**
 Roger Stening 239.770.4707

**GULF HARBOUR YACHT & CC
NEW PRICE**

15060 TAMARIND CAY CT. #801, FT. MYERS
 • 1,900+ S.F. Condo, 2 Car Garage
\$270,000 **MLS 218040812**
 Elaine Sawyer & Jim Fitzgerald 239.940.1386

MODEL OPEN

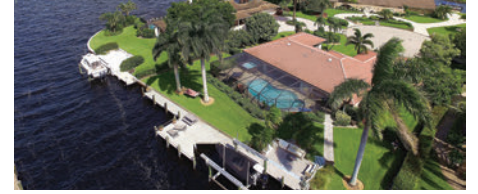


THE VILLAS AT
CAUSEWAY KEY

ACT NOW BEFORE THE SALE ENDS!

CAUSEWAYKEY.COM • 239.333.3635

**SUMMER
 BASE MODEL
 NOW \$275,000**

TOWN & RIVER

766 CAPE VIEW DR., FT. MYERS
 • 3 BR, 3 BA, One of SWFL's Best Locations
\$929,000 **MLS 217078266**
 McMurray & Nette 239.850.7888

TOWN & RIVER ESTATES

6576 SAND SPUR LN., FT. MYERS
 • Sunsets & Protected Dockage
\$725,000 **MLS 217070539**
 Jamie Gates 239.910.2778

**COCONUT CREEK
NEW PRICE**

12593 COCONUT CREEK CT., FT. MYERS
 • Lakefront Pool Home w/S. Exposure
\$485,000 **MLS 218043422**
 Stacey Glenn 239.823.1343

**MCGREGOR WOODS
NEW LISTING**

12494 BARRINGTON CT., FT. MYERS
 • Beautifully Updated 3 BR, 2 BA w/Pool
\$395,000 **MLS 218047826**
 Cindy Sitton 239.810.4772

NORTHWEST CAPE

OPEN 8/12 11:30AM - 3:00PM

405 NW 1ST PL., CAPE CORAL
 • Immaculate, Move-In Ready
\$207,000 **MLS 218049626**
 Mark Hasson & Tina Tusack 954.696.1524

MAJESTIC PALMS

11701 OLIVETTI LN. #109, FT. MYERS
 • New 2 BR, 2 BA Condo, 1,126 S.F.
\$197,050 **MLS 218039336**
 Ross Winchel, Koffman Group 239.898.1214

Fort Myers Art:

Open Auditions For Theater Shows This Sunday



by Tom Hall

Broadway Palm is holding open auditions for adults for their upcoming productions this Sunday, August 12 at 1 p.m. The following are the productions and roles that are

available:

42nd Street (plays October 4 to November 17): male and female ensemble being cast; must be strong tappers.

ELF (plays November 22 to December 25): male and female ensemble being cast; looking for singers and dancers.

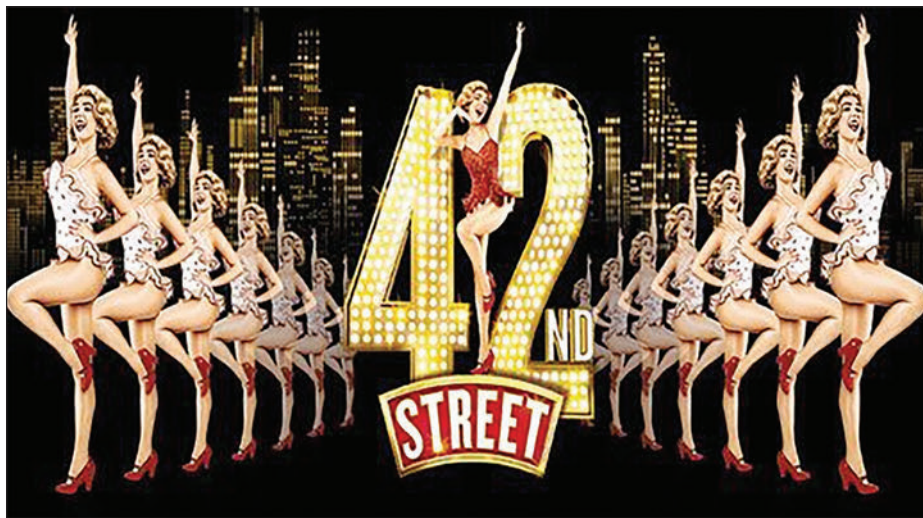
Saturday Night Fever (plays December 29 to February 9, 2019): all roles available; must be strong singers and dancers.

Guys and Dolls (plays February 14 to March 30, 2019): casting the roles of Big Julie, Sky Masterson, Sarah Brown, Adelaide and male ensemble craps shooters; must be strong dancers.

Broadway Palm is also casting for The Off Broadway Palm Theatre productions of:

Don't Dress For Dinner (plays September 27 to November 10): casting the roles of one male character actor, age 25 to 40, preferably more than 6 feet tall, with an English dialect.

Mama Won't Fly (plays February 28 to April 28, 2019): casting the roles of



The film poster for 42nd Street

two male character actors, ages 35 to 60, and two female character actors, ages 30 to 60.

Sex Please, We're Sixty (plays June 6 to July 21, 2019): casting the roles of one male character actor age 45 to 70 and one female character actor age 45 to 70.

Anyone interested in auditioning should bring a current headshot and resume. Those auditioning for a musical need to be prepared to sing 32 bars that best shows off your vocal range. Please bring sheet music in the proper key. An accompanist will be provided; no recorded music is accepted. Songs should be in the musical theatre genre. After the vocal audition, actors/actresses may be asked to attend a dance and/or reading audition.

Those auditioning for an Off Broadway Palm comedy need to have a prepared comic monologue for their audition. Please allow yourself enough time to be seen and possibly be called back to read and/or dance.

photo courtesy www.artsfwl.com

Broadway Palm and The Off Broadway Palm are professional theatres. Productions require a two-week rehearsal process with rehearsals daily. Anyone interested must be available for the two-week rehearsal process and all performances. Performances are Tuesday through Sunday evenings with selected matinees Tuesday through Sunday. All auditioning must have local housing in the Southwest Florida area or be able to commute from their home location.

Broadway Palm is located at 1380 Colonial Boulevard in Fort Myers. Auditions are on a first-come, first-served basis. A sign-up sheet will be available at 12:30 p.m. No appointments will be taken.

For more information, such as performance schedules, visit www.broadwaypalm.com or call 278-4422.

Alliance's August Members Show To Explore Concept Of Identity

The Alliance's member exhibit opens

Friday, August 17. The show will explore the concept of identity – the factors that influence or determine our sense of who we are – that which makes one person distinct from another. You may become a member to participate in the show. Drop off is from 9 a.m. to 5 p.m. on Tuesday, August 14. The opening reception is 5 to 7 p.m. on Friday, August 17. The exhibition runs from August 17 to September 29.

Alliance Announces Dates For Holiday Exhibit

Each year, the Alliance for the Arts invites 100 members to submit two original 2D or 3D artworks for exhibition in the gallery beginning with the onset of the holiday shopping season. Called Off The Wall, this non-traditional art show features works of all mediums priced at \$200 or less. All sales are "cash and carry," meaning purchasers will get to take the piece with them when they buy it, rather than waiting until the end of the exhibit.

Make supporting local arts tops on your list this year by giving a gift that gives back. Make plans to do your Christmas shopping at the Alliance for the Arts this year. Betcha there's 100 member-artists who would be delighted to have their art under your tree.

The show runs from November 9 through December 29. The opening reception is scheduled for 5 to 7 p.m. on November 9.

For more information, visit www.artinlee.org or call 939-2787.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.*

ALL ABOUT REAL ESTATE EXPERT

SW Florida, Fort Myers Beach, Sanibel & Captiva Islands is All About Home

Cathie Lewis, Realtor
I will Sincerely work for You
Phone: 239-745-7367
Cathie@AllAboutHome.Life
Pfeifer Realty Group

Rabbit Rd. Property Management & Home Watch

An affordable Property Management/Home Watch Company which specializes in managing small Condominium Associations in the Fort Myers/Lee county area. We are licensed, insured and bonded with over 20 years of experience. We are also Florida CAM licensed and accredited members of the National Home Watch Association.

Call or e-mail us for more information.
Phone: 239-558-5733 • E-mail: rabbitrdmgt@gmail.com
www.RabbitRoadMgt.com

Animals And The Arts Event September 20

Take part in two wonderful passions paired into one night during the Animals and the Arts event at the Alliance for the Arts on Thursday, September 20 from 6 to 8 p.m., held

The evening will feature the Furry Friends Displayed in Art Juried Exhibit and an educational documentary showing entitled *Rescue For Paws*.

Gulf Coast Humane Society and the Alliance for the Arts, along with Gulf Coast Symphony, are partnering for the event to bring the public a chance to experience the arts and animals, all under one roof. The Gulf Coast Symphony will also be providing music throughout the event.

"We thought it would be a wonderful experience to showcase peoples' love for their pets and the arts in one fun event," said GCHS executive director Jennifer Galloway. "The evening will showcase a variety of different art mediums which incorporates peoples' love of animals."

The public can directly be a participant in the festivities by entering

Tickets: www.artinlee.org/event/paws/

image provided

the Furry Friends Displayed in Art Juried Exhibit, which will reflect a person's love for their pet. Artists can enter in a variety of different mediums, including photography, painting or sculpture. The juried exhibit does exclude craft pieces.

"We are very excited to see the different ways people express their love

continued on page 23

Local Student Named Microsoft World Champion

Kevin Dimaculangan of Fort Myers was recently named 2018 Microsoft Office Specialist World Champion in Microsoft Excel 2016, according to Certiport who announced the winners.

Dimaculangan is a 15-year-old student at Dunbar High School, which is known to have a very strong career and technical education program that teaches Microsoft Office skills. "At school, I am often asked for help with Microsoft products because of my certifications," Dimaculangan said. "I also compete in math and piano and have been quite successful."

Dimaculangan excels in academics and enjoys video games. He is the second student in a row from the USA to win the category against students from all over the world, with John Dumoulin from Virginia winning in 2017.

In its 17th year, the competition attracted more than 760,000 candidates from 116 countries, a 35-percent increase in participation year-over-year. Students entered to prove their superior skills in Microsoft Word, Excel, and PowerPoint, culminating the most popular technology skills competition on Microsoft Office and the only one endorsed by Microsoft since its inception in 2002.

To enter the competition, students age 13 to 22 took a qualifying Microsoft Office Specialist (MOS) certification exam to demonstrate their mastery of Microsoft Office products. Regional competitions were held worldwide, and 152 student finalists from 51 countries competed in the final round of competition in Orlando from July 29 to August 1.

Besides Dimaculangan, the other top finishers at the 2018 Microsoft Office Specialist World Championships in Microsoft Excel 2016 include:

2. Masato Ohno, Japan
3. Sead Smalagic, Bosnia & Herzegovina
4. Ryan Ng, Singapore
5. Cheng Wai Fung, Hong Kong
6. Meng Leong Un, Macau
7. Sonkin Reine, Cameroon
8. Alexander James, New Zealand
9. Chin Chiang, Taiwan
10. Kartik Soneji, India

In the concluding round, competitors participated in unique project-based tests to demonstrate their ability to create documents, spreadsheets and presentations for the information presented in Word, Excel, and PowerPoint. Certiport and Microsoft recognized the top student competitors at



Kevin Dimaculangan photo provided
the MOSWC Student Awards Ceremony at the Hilton Orlando Lake Buena Vista in Orlando and presented each first-place winner with a \$7,000 cash prize.

"The Microsoft Office Specialist World Championship is truly a moving experience – not only because these students are thrilled to compete, but because their lives have been changed by certification," said Ray Murray, vice president and general manager in IT at Pearson VUE. "Every person who earns MOS certification has demonstrated the ability to command the full features and functionality of Microsoft Office, preparing them for future academic or workforce opportunities. The MOS World Championship allows us to celebrate that accomplishment and motivate students on a global scale."

With 2.3 million certifications delivered annually, MOS is the world's largest IT certification program. MOS is the only official Microsoft-recognized certification for Microsoft Office globally and serves as a powerful instrument for assessing student skills and preparing students for real-world application.

"We are very impressed with the winners of the MOS World Championship and grateful to meet so many young people who have realized the power of Microsoft Office skills for productivity and employability," said Anthony Salcito, vice president of Worldwide Education at Microsoft. "MOS certification gives students tangible proof they know how to use Microsoft Office tools in academics and on the job from day one."

Next year, Certiport will host the 2019 MOS World Championship at the New York Marriott Marquis in New York City, New York from July 28 to 31, 2019.✧

Science Center Seeks Volunteers

Officials of the Ostego Bay Foundation are recruiting adults age 18 and older who are interested in volunteering to help communicate the mission of conservation through education. Interested volunteers are invited to learn more about the foundation and what one can do to help the foundation achieves its objectives at a volunteer dinner at Bonita Bill's Waterfront Café on Tuesday, August 21 from 6 to 8 p.m.

Are you fascinated by the Florida's flora and fauna and concerned about the environment? Interested in working in marine biology? Enjoy working with visitors, children and school groups? A background in marine biology is not required to volunteer, just a passion to help preserve the natural beauty. Many volunteers began with little knowledge of marine biology. As individuals

become more familiar with the Ostego Bay Marine Science Center varied and frequent programs, many volunteers take on additional responsibilities, such as conducting research, becoming a tour guide or giving talks to community organizations. Volunteer opportunities include:

Front Desk – Greet visitors and answer the phones

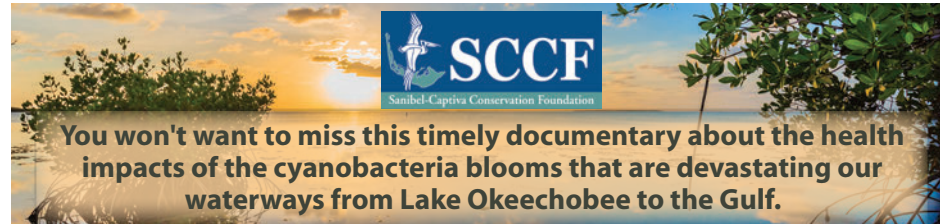
Gift Shop – Merchandise and organize

Center Tour Guides – Showcase exhibits

Life Sciences – Aquarium maintenance and specimen feeding
Members Services – Help build foundation membership

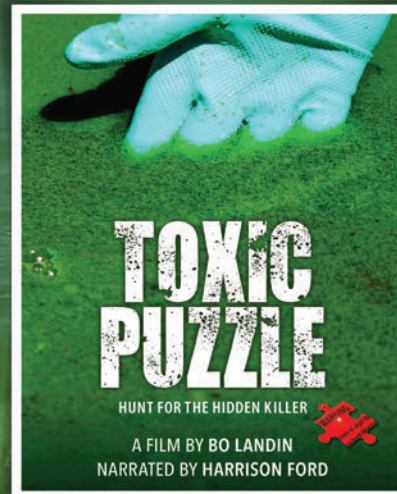
Exhibit Curators – Collections management and display development

The volunteer dinner will include a presentation of opportunities and tour of the Ostego Bay Foundation Marine Science Center. Space is limited, and reservations are required. Call Dan Eaton, volunteer coordinator, at 425-7914. To learn more, visit www.OstegoBay.org.✧



Representative Heather Fitzenhagen

PRESENTS



THE BROADWAY PALM DINNER THEATRE
1380 COLONIAL BLVD., FORT MYERS, FL 33907

TOXIC PUZZLE

HUNT FOR THE HIDDEN KILLER

Scientists are on a global quest to unlock the mystery of an environmental toxin causing debilitating disease. But they also find a substance that blocks the progression of the illness. Maybe a first step towards a cure?

TUESDAY, AUGUST 14TH

DOORS OPEN 5:30 P.M.

SCREENING 6:00 P.M.

Q&A to follow with film contributors Walter Bradley DM, FRCP, Dr. James Metcalf and Dr. Larry Brand, along with John Cassani the Calusa Waterkeeper.

Special thanks to our Q&A moderator Rae Ann Wessel, Natural Resource Policy Director of Sanibel Captiva Conservation Foundation.

Film Screening At Regional Library

There will be a free showing of the half-hour film *The 1% Gobble* at the Fort Myers Regional Library on Tuesday, August 14 at 6 p.m. There will be a presentation of three innovative

policy proposals to create a far larger, more prosperous middle class, and end poverty. A Q&A and discussion will follow the film, along with a discussion on the possibility of a new political party.

The screening will be held in the Meeting Room A of the library, located in downtown Fort Myers at 2450 First Street.✧

Donation of
\$10.00 / Ticket
PURCHASE TICKETS AT:
BROADWAYPALM.COM/SHOWS/TOXIC-PUZZLE/
All proceeds from event will be donated to Captains for Clean Water and Calusa Waterkeeper, Inc.

Special thank you to our sponsor:



Along The River

The Sounds of Summer Concert Series at the **Sidney & Berne Davis Art Center** (SBDAC) will feature reggae music this Friday, August 10. Doors open at 7:30 p.m. and the music begins at 8 p.m.

Southwest Florida favorite Roots Almighty is the headlining act. The Bonita Springs group has been featured in the acclaimed Sugarshack Sessions and has played together for over a decade, first coming together in 2006 as Deep Roots and later to be rebranded as Jahgape in 2011.

The opening act is The Regulars, winners of last year's Summer Singer-Songwriter Competition at SBDAC. Learn more about them at www.facebook.com/theregularsofficial.

The Sounds of Summer concerts feature original musicians of both emerging and well-known artists. Tickets are \$5 per person. FSW and FGCU students can buy one ticket and get one free with student ID at the box office.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, visit www.sbdac.com

The monthly **SoCo Second Saturday Art Crawl** will showcase another artful night along the **SoCo Cultural District** this Saturday, August 11 from 6 to 10 p.m.

Vendors will set up at various locations in Royal Palm Square, offering their handmade and fine crafts during



Alex Wilkinson is one of artists from Union Artist Studios showcasing her work this Saturday at DAAS Co-op Art Gallery & Gifts photo provided

the event.

The SoCo Cultural District location encompasses the block south of Colonial Boulevard, from the corner of McGregor Boulevard to Summerlin Road, to Royal Palm Square Boulevard and back to McGregor Boulevard. For more information, visit www.socoswfl.com or call 590-8645.

DAAS Co-op Art Gallery & Gifts will host the art of the members of the Union Artist Studios that evening. Founded in 2012, the group

is celebrating six years as the only organized artists' studio in Southwest Florida. The exhibition showcases two pieces from each member and the opening reception is scheduled for Saturday from 6 to 9:30 p.m.

Located on the second floor of the Edwards Building at the Alliance for the Arts campus, the Union Artist Studios houses the creative spaces of 10 local artists. Artists include Julia Da Rocha, Alex Wilkinson, Lesley Morrow, David Acevedo, Xavier Brignoni, Erik Schlake, John Scoppa, Frank Rodriguez and Dawn Scandale.

DAAS Co-op Art Gallery is located at 1400 Colonial Boulevard, Suite 84, in Royal Palm Square in Fort Myers. For more information, visit www.daascoop.com or call 590-8645.

Leadership NEXT, a monthly program for advancing business leaders, will host a **session and networking opportunity** at **Fort Myers Miracle's Hammond Stadium** at CenturyLink Sports Complex this Tuesday, August 14 from 5 to 7 p.m. The program will be held in Suites 3 and 4 of the stadium's upper level and will be led by Chris Peters, the Miracle's new president and general manager.

Peters will cover his love for the game and sports management, review his first season with the Miracle and share upcoming partnership opportunities. The program will conclude with a networking session that features light snacks and prize drawings.

Following the August 14 program, Leadership NEXT attendees will receive free admission to the Fort Myers Miracle 7 p.m. game against the Charlotte Stone Crabs. The ballgame will feature Miracle's Christmas in August promotion, when guests are encouraged to come dressed in their most festive holiday attire. It's also Two-for-One Tuesday, sponsored by Coors Light and 96k-rock, which offers 2-for-1 tacos, domestic draft beer and fountain soda.

Leadership NEXT is free to attend for members of the Greater Fort Myers Chamber of Commerce and \$10 for future members. Stadium parking for the August program is \$5. Attendees are encouraged to register in advance at www.fortmyers.org.

CenturyLink Sports Complex is located at 14100 Six Mile Cypress Parkway in Fort Myers. Follow Leadership NEXT on Facebook to learn more.

International phonograph expert **John Kurdyla** will provide weekly phonograph presentations at **Edison & Ford Winter Estates** in the Music & Movies Gallery this Thursday, August 16 at 11:30 a.m. and at the Edison Ford Shoppe at Bell Tower Shops at 4 p.m.

Kurdyla has one of the largest private collections of phonographs and Edison memorabilia, and is an expert on Edison recorded sound. From Italy, he has presented his knowledge on 10 Italian National Television (RAI) shows.

Presentations at Edison Ford are included with admission and are free for members. Presentations at the Bell Tower store are free for everyone.

Edison & Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. Edison Ford Shoppe at Bell Tower is located on the corner of U.S. 41 and Daniels Parkway. For more information, visit www.edisonfordwinterestates.org or call 334-7419.*



BAILEY-MATTHEWS
**NATIONAL
SHELL
MUSEUM**

**BOGO
HALF OFF**



**MUSEUM
BEACH WALK**



**MUSEUM
ADMISSION**

**BUY ONE AT FULL PRICE,
GET THE OTHER HALF OFF!**

Museum open 10 am-5 pm daily
3075 Sanibel-Captiva Road
Sanibel, FL 33957

SHELLMUSEUM.ORG

Beach walks daily at 9 am
Departure from Island Inn
Advance reservations required at

SHELLMUSEUM.ORG/BEACH-WALKS



LEE COUNTY
VISITOR'S
CONVENTION BUREAU

Free Breakfast And Lunch At Public Schools

Breakfast and lunch will be free of charge at all 79 traditional Lee County public schools for the 2018-19 school year. This is the first school year both meals will be provided to all students through the Food and Nutrition Services Department Community Eligibility Program (CEP). Four of the special centers, Buckingham Exceptional Center, LAMP, Royal Palm Exceptional School and Success Academy are also included in the CEP breakfast and lunch program.

Parents will not need to apply, and Free and Reduced meal applications will

not need to be completed or processed for this benefit either. The meals will simply be available to students in their school cafeteria.

"We realize if a student is hungry, their ability to learn is compromised," said Food and Nutrition Services Special Projects Coordinator Lauren Couchois, "and providing this benefit will help our students excel."

CEP is a non-pricing meal service option for schools and school districts in low-income areas. CEP allows the nation's highest poverty schools and districts to serve breakfast and lunch at no cost to all enrolled students without collecting household applications.

For more information, contact Lauren Couchois Coordinator, Food and Nutrition Services, at 461-8449 or laurencouchois@leeschools.net.



Aerial view of a previous SummerJazz on the Gulf concert at The Naples Beach Hotel Golf Club. photo provided

SummerJazz Series To Feature Big Easy Music

The 33rd annual "SummerJazz on the Gulf" concert series at The Naples Beach Hotel & Golf Club continues with a free concert by TBone Hamilton's Big Easy Revue on Saturday, August 18 from 6:30 to 9:30 p.m. The fun, family-friendly concerts are held on the resort's scenic Watkins Lawn overlooking the Gulf of Mexico.

TBone Hamilton's Big Easy Revue is an 8-piece, New Orleans-style horn band that is known for their fun concerts and their ability to get the crowd dancing. Combining jazz, Texas blues and funk music, the band features a three-piece horn section, a guitar, bass, drums, piano and vocalist. Led by bassist Tom "TBone" Hamilton, the band performs

tunes from such artists as the Neville Brothers, The Funky Meters and Dr. John. For more information on the band, visit thomasjhamilton.com.

The SummerJazz concerts are held monthly. Hotel guests receive complimentary parking at the resort. For those not staying at the resort, parking is available just north of the hotel at Lowdermilk Park, with complimentary parking for those with a Naples beach sticker, and free trolley service to the resort and back. Guests may bring lawn chairs or blankets for seating, however no outside food and beverage is allowed.

Concerts feature full bar service in several locations and a food concession offering snack items and freshly grilled burgers, hot dogs and grilled chicken sandwiches.

The Naples Beach Hotel & Golf Club is located at 851 Gulf Shore Blvd. North in Naples. For more information, call 800-237-7600 or 261-2222, or visit www.naplesbeachhotel.com.✱

Waterkeeper Director Promotes Documentary

Calusa Waterkeeper (CWK) has named noted community organizer and international media specialist KC Schulberg to the post of executive director, effective immediately.

Schulberg, whose background merges film, television, marketing and fundraising with hands on civic engagement and community organizing, will bring a new global set of tools to Calusa Waterkeeper's important mission: to protect and preserve the Caloosahatchee from Lake Okeechobee to the coastal waters.

Schulberg's first task, which blends his environmental advocacy and film background, will be to promote an August 14 screening of the award-winning documentary film *Toxic Puzzle*, directed by Bo Landin and narrated by Harrison Ford, at the Broadway Palm Dinner Theatre in Fort Myers. The movie, which will be held at 6 p.m. and costs \$10 per person, graphically demonstrates the alarming correlation between the cyanobacteria in HABs and neurological diseases, like ALS and Alzheimer's and Parkinson's. Directly following the screening, an esteemed group of panelists,

including, Dr. James Metcalf, Dr. Larry Brand, Dr. Walter Bradley along with "Waterkeeper" John Cassani will conduct a discussion on the health risks associated with the algae bloom crisis. The panel discussion will be moderated by Rae Ann Wessel of Sanibel-Captiva Conservation Foundation (SCCF), with introductory remarks by Representative Heather Fitzenhagen. Proceeds from the screening will be split between non-profits, Calusa Waterkeeper and Captains for Clean Water.

Following years of advocacy and education on the issue of Harmful Algae Blooms (HABs) that currently plague our area waterways, CWK has emerged as a leading voice on this issue and "Waterkeeper" John Cassani, has become the go-to source for credible science-based news on this crisis. Given the heightened health and economic risk to SWFL's residents, tourists and sports enthusiasts, it is critically important that CWK expand its efforts and continue to produce the hard, scientific data that drives public debate, policy, legislation and civic engagement. The appointment of Schulberg at this juncture will help CWK fulfill its mandate to become a leading organization working towards the restoration of the Caloosahatchee all the way from Lake Okeechobee to its coastal estuaries in

continued on page 16

Volunteers Sought For United Way Reading Program

United Way of Lee, Hendry, Glades, and Okeechobee is recruiting volunteers for the United Way ReadingPals program to read to 4- and 5-year-olds at 17 school sites in Lee and Hendry counties. Reading Pals help build a strong foundation for literacy and a love of reading in young children.

Children who are read to are more likely to become good readers. Children who read at grade level by the third grade are four times more likely to graduate from high school.

The ReadingPals literacy program requires a commitment of only one hour a week during the school year. During this time, volunteers are matched with pairs of pre-k or kindergarten age children who need extra help. Pals build a meaningful relationship by providing the individual attention many kids need to thrive.

Volunteers are needed in all areas of the community. The schools in Lee County are: Bonita Springs Elementary, Hector Cafferata Elementary, Christa McAuliffe Elementary, Colonial Elementary, The Early Childhood Center, J. Colin English Elementary, Gladiolus Child Development, New Horizons Afterschool in Estero, Orangewood Elementary, Orange River Elementary, Pinewoods Elementary, Sunshine Elementary, Villas Elementary and HealthPark Child Development Center. In Hendry County, ReadingPals volunteer at Krome Child Development, Children's Garden in LaBelle and Harlem Academy in Clewiston.

The program is supported by the Children's Movement of Florida and Publix Charities. To learn more, contact Nancy Coker at nancyc@unitedwaylee.org or 433-7544. To sign up, go to www.unitedwaylee.org/volunteer/readingpals.

ReadingPals is a program of the United Way Volunteer Center. The United Way Volunteer Center connects individuals and companies to volunteer opportunities throughout our community. For more information, call 433-433-7567 or visit www.unitedwaylee.org.✱



A ReadingPals volunteer reading to a student. photo provided

IL TESORO RISTORANTE

FINE ITALIAN CUISINE

inspired by Island Fare in a bistro style

VOTED "BEST CHEF"
BEST OF THE ISLANDS AWARD

TASTE OF THE ISLANDS
IRON CHEF WINNER AJ BLACK
Celebrating Our 10 Year Anniversary
Extensive New Wine List
Tasting Menu

SUNSET DINING
4:30-6:30 P.M.
3-Course Tasting
Starting at
\$19.95

"Fresh ingredients, simplicity, love...
the recipe for a treasured dining experience"
— Chef/Owner AJ Black



7 Days • 5-10 pm
751 Tarpon Bay Road
Sanibel Island, FL
Reservations Suggested
www.iltresoro.net • 239-395-4022

OBITUARY



LENORA LUMINA MCFARLANE HOFFMAN

Lenora Lumina McFarlane Hoffmann, 92, beloved mother and good friend to many, passed away peacefully on August 1 in Fort Myers. She was born on October 13, 1925 in Tracy, Minnesota. After completing high school, she moved to Walla Walla, Washington to work in a support role for air traffic controllers during World War II. In Walla Walla, she met Robert (Bob)

McFarlane, whom she married in 1947. They raised five children together in Vancouver and Calgary, Canada and East Grand Forks, Minnesota while Lenora provided office support for McFarlane Sheet Metal, the business Bob started. They retired to Sanibel in 1980, and Bob passed away in 1989. Lenora married Joseph (Joe) Hoffmann in 1993, and they continued to live on Sanibel and Bemidji, Minnesota until Joe's death in 2006. Lenora was particularly known for her love of golf, travel and her significant volunteer efforts throughout her life, serving on various boards and assisting many nonprofit organizations. While living on Sanibel, she was active at St. Isabel Catholic Church, the BIG ARTS theater and the chamber of commerce, to name a few. She considered Sanibel her home, as she lived there longer than any other place, and truly loved the area and people. She left Sanibel in 2014 to live at Cypress Cove Retirement Community in Fort Myers, where she continued serving on various boards.

The family would like to thank Hope Hospice, Dr. Liu and all the caregivers at Cypress Cove that assisted her during her final months at The Lodge at Cypress Cove. She considered herself very lucky to live at Cypress Cove.

Lenora was preceded in death by her two husbands, Robert McFarlane and Joseph Hoffmann; her parents, Hector and Isabelle Surprenant; brother, Ernest; and sister Glenora (Fatt) Fick.

Lenora is survived by sons, Dave

McFarlane (Kathy), Mike McFarlane (Pat), daughters Barb McFarlane (John Pratt), Nancy McFarlane (Steve Stash), Trish Nedberg (Tim); stepson, Jeff Hoffmann (Barb); stepdaughters, Jenni Johnson (Don) and Laurie Wickstrom (Paul). She is survived by 18 grandchildren and 15 great-grandchildren, by her sister Liola Cornelius, brother Glen Surprenant (Virginia) and sister Lavonne Allen (Dave).

Funeral services will be held at St. Isabel Catholic Church on Sanibel on Tuesday, August 14 at 11 a.m. with a gathering and celebration of her life at The Community House following the mass. In lieu of flowers, memorial donations may be made in Lenora's name to Unbound, a Catholic-based charity located in Kansas City that provides financial support to families and individuals in disadvantaged countries. Lenora supported this charity for many years. She was also fond of the Cypress Cove Staff Scholarship Fund.✱

Toxic Algae Continues In Caloosahatchee

Calusa Waterkeeper (CWK) continues to find dangerously high levels of toxic cyanobacteria (blue-green algae). This time, at three locations in Cape Coral tidal canals.

On July 25, CWK took samples at Coral, Darcy and Nautilus canals in southeastern Cape Coral. GreenWater Laboratories in Palatka, Florida analyzed the samples. This lab specializes in detecting and quantifying cyanobacteria and their toxins.

GreenWater Laboratories' analyses on July 26 found that significant levels (5,300-38,450 ng/mL) of microcystin were present and greatly exceeded the U.S. Environmental Protection Agency (EPA) recreational threshold (4.0 ng/mL). These levels are consistent with events linked to animal mortalities. The EPA has stated: "The presence of cyanobacterial scum in swimming areas represents the highest risk of adverse health effects due to abundant evidence for potentially severe health outcomes associated with these scums (estimated at 50 to 100 µg microcystin/L)."

The Caloosahatchee has had significant levels of cyanobacteria since at least June 22.

The Army Corps of Engineers started regulatory releases of water from Lake Okeechobee into the Caloosahatchee on June 1. Since then, a major cyanobacteria bloom developed along the length of the Caloosahatchee River. The Florida Department of Environmental Protection (FDEP) sampled periodically for cyanotoxins in the Caloosahatchee at various locations during June and July and most recently on July 24. The highest toxin concentration, 463 ug/l,

continued on page 14

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION

Sunday 10:30 a.m., 2756 McGregor Boulevard, allfaiths-uc.org, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC

Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.

ANNUNCIATION GREEK ORTHODOX

Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, annunciation.fl.goarch.org, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

Friday Shabbat at 7 p.m. 2050 Periwinkle Way, www.batyam.org 579-0296.

BETH SHILOH MESSIANIC SYNAGOGUE

Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE

10 a.m. Sunday and 7 p.m. Tuesday, 7050 Winkler Rd, Suite 121, www.simplysimpleworship.com, 437-8835.

BREAD OF LIFE MINISTRIES

Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

CHABAD LUBAVITCH ORTHODOX

Friday 6:30 p.m. 5620 Winkler Road, chabadswf.org, 433-7708.

CHAPEL OF CYPRESS COVE

Sunday 10 a.m. 10200 Cypress Cove Circle, revtedalhouse@aol.com, 850-3943.

CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

CONGREGATIONAL

Sunday 10:30 a.m. 1619 Llewellyn Drive, taecc.com, 334-4978.

COVENANT PRESBYTERIAN

Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CYPRESS LAKE BAPTIST

Sunday 9:45 and 11 a.m., 7 p.m.;

Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN

Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, www.clpc.us, 481-3233.

CYPRESS LAKE UNITED METHODIST

Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH FELLOWSHIP WORLD OUTREACH

Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638.

FAITH UNITED METHODIST

Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST

Wednesday 12 noon Testimony Service, Sunday 10:30 a.m. 2390 West First Street, christiansciencefortmyers.net, christianscience.com.

FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511.

FIRST UNITED METHODIST CHURCH

Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, www.fumcftmyers.org, 332-1152.

FORT MYERS CHRISTIAN

Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-3133.

IONA-HOPE EPISCOPAL CONGREGATION

Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC

Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143.

KINGDOM LIFE

Sunday 10:30 a.m. 2154 McGregor

Boulevard, 218-8343.

LAMB OF GOD

Sunday 7:45 and 10 a.m. 19691 Cypress View Drive, lambogodchurch.net, 267-3525.

NEW BEGINNINGS CENTER

Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, nbcministry@embarqmail.com, facebook.com/nbcministry, 656-0416.

NEW COVENANT EYES

Monthly 9 a.m. 1900 Park Meadows Drive, newcovenanteyes.com, 220-8519.

NEW HOPE BAPTIST

Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m. 10051 Plantation Road, www.newhopefortmyers.org, 274-1230.

PEACE COMMUNITY

Sunday 10:30 a.m. www.17671 Pine Ridge Road, peacecommunitychurch.com, 267-7400.

PEACE LUTHERAN

Sunday 8 and 10 a.m. 15840 McGregor Boulevard, www.peaceftmyers.com, peace@peaceftmyers.com. 437-2599.

REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD

8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC

Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m. 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m. 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE METROPOLITAN

Sunday 10 a.m. 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m. 111 Evergreen Road, saintnicholasmonastery.org, 997-2847.

ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336.

TEMPLE BETHEL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. 16225 Winkler Road, templebethel.com, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)

Friday 6:30 p.m. and Saturday 9 a.m. tjswfl.org. 14486 A&W Bulb Road, 433-0201.

THE NEW CHURCH

Sunday 11 a.m. 10811 Sunset Plaza Circle #401, newchurchflorida.com. 481-5535.

UNITARIAN UNIVERSALIST

Sunday 10:30 a.m. 13411 Shire Lane, uucfm.org, 561-2700.

UNITY OF FORT MYERS

Sunday 10 a.m. 11120 Ranchette Road, unityoffortmyers.org, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH

Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125.

WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.

ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, zionfm.org, 481-4040.✱

CROW Case Of The Week:

Loggerhead Sea Turtle Hatchlings



by Bob Petcher

Loggerhead sea turtle hatchlings (*Caretta caretta*) are popping up on Southwest Florida beachfronts this time of year. The annual birthing process begins when female loggerheads come ashore to nest soon after the start of sea turtle season on May 1. Two to three months later, newborn baby sea turtles pip or break out of their shells and seek

the moon glow as natural light for their swim south to the Sargasso Sea.

But not everything goes as planned for the 100 or so sea turtle hatchlings that emerge from each nest. First, some or many of the newborns may become disoriented due to artificial lighting instead of the moon glow. Second, due to excessive heat during the incubation process, some hatchlings may have or develop congenital abnormalities that limit or impede their progress toward the water. Thirdly, they may become victim to predatory attacks before or during the use of the Gulf Stream in hopes of reaching the Sargasso Sea where they spend the first years of their lives.

From July 19 to August 1, 22 loggerhead sea turtle hatchlings were admitted to CROW from the beaches of Sanibel and Captiva. Some of these hatchlings were reportedly born with congenital defects, while others became disoriented and exhausted while making their way to the ocean.

"This is the time of year when we typically see hatchlings admitted to the hospital, the numbers thus far are similar to previous years," said Dr. Robin Bast, CROW's staff veterinarian. "Reasons for admission



A loggerhead sea turtle hatchling gets an examination

photo by Brian Bohlman

include disorientation, congenital abnormalities or predator attack. These are hatchlings that typically have not made it to the water's edge yet and/or struggled to get out of the nest for one reason or another."

While Dr. Bast did state some of the 22 hatchlings were admitted with congenital defects that severely impaired their ability to swim and, consequently, were not released, she did report that most were still releasable. In fact, 15 of them were released in the Gulf of Mexico the same evening they arrived under the cover of darkness.

CROW officials remind beachgoers that they can help the many hatchlings emerging on our beaches by

filling in any large holes in the sand, removing items from the beach at night such as chairs or anything that may impede a hatchling, and turning off any lights that are visible from the beach. A hatchling's natural instinct is to head towards the brightest spot, which is the moon reflecting off the water. Disorientation occurs when hatchlings head the wrong direction and toward property lights.

"Hatchlings may become disoriented by artificial lighting on or near the beach, which is why there are restrictions regarding outdoor lighting during active nesting season. Instead of heading out to sea, they can mistakenly follow artificial lighting sources and end up going the wrong direction. They can inadvertently end up in parking lots, swimming pools, etc. Make sure not to use flashlights on the beach at night, and if you see a disoriented hatchling, report it immediately so it can be evaluated," said Dr. Bast. "Hatchlings have a few days after they hatch before the yolk sac that provides a temporary source of nutrition for them absorbs. The hope is that they reach the sargassum beds within that time frame, although they face obstacles such as predation on the way, and many hatchlings never make it to breeding age."

Excessive heat before the hatchling has even pipped is another problem that the sea turtle population is facing.

"Due to global warming, more nests are incubating at higher temperatures. This results in mostly males hatching and less females, which will ultimately affect the ability of the population to breed and have genetic diversity later on," said Dr. Bast. "Higher nest temperatures have also resulted in an increase in the number of congenital deformities in hatchlings."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

"Top 5 Breakfast in Florida" - Southern Living

BEST LUNCH & BEST FAMILY DINING



Now Serving **FULL LIQUOR**
Tropical Cocktails

Happy Hour
All Day Long

Outdoor
Tropical Dining



11 YEARS & COUNTING!

by Best of the Islands

Live Music &
Outdoor Games

Fresh Seafood &
Dinner Specials

Huge Kids
Menu

BREAKFAST, LUNCH & DINNER

239.472.0606 • SanibelIslandCow.com

Open 7 am - 9 pm • Open "8 Days a Week"

2163 Periwinkle Way • Sanibel Island



Red Tide Cleanup Is Under Way



by Capt.
Matt Mitchell

Early this week, I experienced a heart-breaking couple of days of what I think was the worst red tide fish kill in San Carlos Bay I may have ever seen in the 35-plus years

I've been fishing. Thousands of dead fish of all varieties were floating lifeless on the surface, then on the tidelines. All you could see was white as these dead fish where pushed together on top of each other. Though the majority of the dead fish where pinfish, catfish, mullet and threadfin herring, once in a while you would see a few trout and a goliath grouper, and very occasionally, a snook or redfish.

Over the next few days, the floating dead fish gradually made their way northwest, pushing up to the power lines and saturating Chino Island. The channel on the east side of Chino, which is the natural way the current moves, had dead fish stacked up against the island 20 feet deep. As I traveled further northward in the sound, things slowly improved in the area past Redlight Shoal with the eastern side of the sound looking clean and without any floating fish. Areas inside all of our passes also had dead floating fish that looked like they had been



Emily from Georgia with a big trout caught while fishing with Capt. Matt Mitchell

photo provided

decomposing for several days while slowly being pushed in and out on the tide.

I only had a few charters booked early this week and was extremely transparent with my clients by explaining the red tide situation. I totally understand that when

you're here visiting and see thousands of dead fish all over the beach, it's hard to believe it's worth going fishing. Although it's not the type of live shiner fishing I'm used to doing this time of year, action on the three trips I took was surprisingly

good once we got to the cleaner water. Live shrimp were my go-to bait as they stayed alive in the red tide water while bait fish won't.

My target species on these trips was mangrove snapper, and we had great success coming home with limits on each trip. Areas from Redfish Pass to Captiva Pass on either side of the sound were loaded up with these fun fish to catch. They ranged in size from 10 to 14 inches and, once located, we caught them basically on every cast. We downsized the gear to cast free-lined shrimp, and these snapper are as fun to catch as they are tasty. While up in the Captiva Pass area one day, I did see lots of snook on the docks along with lots of small white bait. Trying to catch bait has been a little different than usual if and when I locate it. I've been making a few casts with my clients on board.

With a huge beach cleanup now under way and easterly winds forecast for the next week, the amount of dead fish washing in will only get less and less. August is one of our slower months for business anyway, as kids go back to school and family summer vacations come to a end. But when you add in the water quality crisis being highlighted on the national news, things are going to be slower than usual for everyone who makes a living through tourism in Southwest Florida.

*Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.**

CLEAR YOUR GEAR It Catches More Than Fish

Lead is toxic.
Choose non-lead
weights.



BOAT RENTALS

Fishing • Cabbage Key
Dolphin Watching
Captains Available

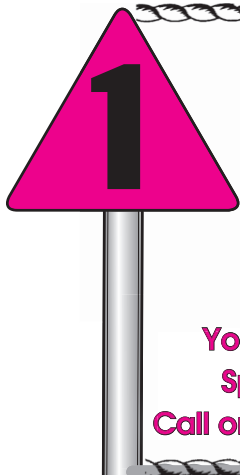
472-5800
Jensen's Marina
Captiva Island

Send Us Your Fish Tales

We would like to hear from anglers about their catches.

Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification.

Email to press@islandsunnews.com or call 395-1213.



**Your Bottom
Specialist
Call on Paint Prices**

ISLAND MARINE SERVICES, INC.

- NEW MOTOR SALES • REBUILT POWERHEADS •
- FACTORY TRAINED •

MERCURY – MARINER – JOHNSON – EVINRUDE
SUZUKI – YAMAHA – OMC – I/O'S – MERCURISER

*Courteous Professional Marine Repair Service • Dockside Service
Serving Sanibel & Captiva For Life*

472-3380 • 466-3344



Dave Doane

Plant Smart

Tietongue

by Gerri Reaves

Tietongue (*Coccoloba diversifolia*) is a native small to medium tree whose natural habitat is coastal upland hammocks.

It is a member of the buckwheat family and a relative of seagrape (*Coccoloba uvifera*), which it resembles.

Other common names are pigeon plum and dove plum.

Fast-growing and long-lived, it usually grows 30 to 40 feet tall, developing a compact crown of 10 to 20 feet wide and dense foliage that provides cover for birds.

Early on, it tends to be upright and pyramidal and therefore good for small or narrow spaces in the landscape.

However, with age, the multiple trunks widen the tree to form a rounded or vase-shaped canopy. The trunks of old trees can be up to two feet in diameter.

One of its ornamental features is the dark purplish patterned bark that is revealed when the duller gray-brown mottled bark fall off.

The tree has medium to high wind resistance and is included on the Lee County Protected Tree List.

The alternate dark green leaves are oblong or ovate with clasping stems. Leathery in texture, they measure two to four inches long.

The slender stalks of small whitish flowers bloom year-round, but peak



Wildlife-friendly tietongue is a native tree related to seagrape photos by Gerri Reaves

in spring to summer. Male and female flowers appear on different plants.

The flowers are a nectar source for butterflies and a host for butterflies such as the Schaus' swallowtail and large orange sulphur.

Clusters of fleshy one-seeded fruit ripen in fall to winter. Purple or reddish and one-third to one-half of an inch across, the berries attract wildlife, including birds such as catbirds, mockingbirds, robins, white-crowned pigeons and woodpeckers.

The fruit is a food source for the Miccosukee, and wines and jellies are made from the juice.



Dense attractive foliage provides cover and nesting sites for birds

The curious name tietongue refers to the berries' high astringency.

This tree is highly drought and salt tolerant. Give it full sun to partial shade in moist but well-drained soil with some organic content.

Use as a shade, buffer, accent, or specimen tree, or as a large container plant.

If falling fruit is a concern, plant it clear of driveways, patios and walkways.

Propagate it with seeds or cuttings.

Sources: *Florida Plants for Wildlife* by Craig N. Huegel, *A Gardener's Guide to Florida's Native Plants* by

Rufino Osorio, *Growing Native* by Richard W. Workman, *A Guide to Florida-Friendly Landscaping* by FYN Program, *National Audubon Society Field Guide to Florida* by Peter Alden et al., *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *Trees of Everglades National Park and the Florida Keys* by George B. Stevenson, *Wild Plants for Survival in South Florida* by Julia F. Morton, www.edis.ifas.ufl.edu, www.fnps.org, and www.regionalconservation.org.

Plant Smart explores the diverse flora of South Florida.*

Test Project Approved To Clean Up Algae

Lee County has secured \$700,000 from the Florida Harmful Algal Bloom Management Grant Program through the Department of Environmental Protection (DEP) for the removal, processing and disposal of harmful algae blooms from select test sites in unincorporated Lee County and affected municipalities, most notably Cape Coral.

Over the past week, Lee County has been working closely with DEP and county consultants to create an approved work plan for this project. The work plan includes:

a health and safety plan to address any physical hazards that may be encountered;

the equipment to be used and the procedures to be implemented during the algae recovery operations and the transfer, temporary storage, processing and final disposal of the recovered algae;

the sampling required prior to disposal and will present steps for review of the laboratory data and obtaining approval for disposal.

"It is important to remember that this is a test project," County Manager

Roger Desjarlais said. "It will look very different from efforts such as Hurricane Irma debris pick-up."

The treatment of the collected material is a time-consuming and complex process, which will limit the clean-up locations to those with the greatest concentration of algae.

Lee County has mobilized AECOM, one of the nation's largest construction and engineering firms with expertise in environmental cleanup, under a state contract for emergency cleanup deployments. The DEP approved the plan on Wednesday to allow the work to begin.

The first task is to set up the treatment facility over the next two days so that algae collection can begin as soon as Friday. In simple terms, the recovered material will be processed at the North Lee County Reverse Osmosis Plant. The recovered material will be separated into liquids and solids. The water will then be treated and deposited into the deep injection well and the solids into the landfill.

Algae recovery sites will be determined based on severity of the bloom, the number of residents immediately affected, accessibility of the site and changing environmental conditions. County officials will continue to do aerial and field assessments in order to determine collection sites on a daily basis.*

Help SCCF Bring Back the Barn Owls

Poisoned rats can kill the eagles, hawks, bobcats and owls that eat them.

Tell your pest control professional to **NOT** use these rat poisons:

- brodifacoum
- bromailone
- difenacoum
- difethialone

SCCF
472-2329
sccf.org

Or consider not using any rat poisons at all. Instead, seal all entry points to your home.



naturebrackets.com
info@naturebrackets.com



New Designs Available at
Forever Green Ace Hardware
2025 Periwinkle Way • Sanibel, FL

For a Full Mailbox
call Dave at
(239) 454-1001

ACE
The helpful place.

Plant Smart

Tietongue

by Gerri Reaves

Tietongue (*Coccoloba diversifolia*) is a native small to medium tree whose natural habitat is coastal upland hammocks.

It is a member of the buckwheat family and a relative of seagrape (*Coccoloba uvifera*), which it resembles.

Other common names are pigeon plum and dove plum.

Fast-growing and long-lived, it usually grows 30 to 40 feet tall, developing a compact crown of 10 to 20 feet wide and dense foliage that provides cover for birds.

Early on, it tends to be upright and pyramidal and therefore good for small or narrow spaces in the landscape.

However, with age, the multiple trunks widen the tree to form a rounded or vase-shaped canopy. The trunks of old trees can be up to two feet in diameter.

One of its ornamental features is the dark purplish patterned bark that is revealed when the duller gray-brown mottled bark fall off.

The tree has medium to high wind resistance and is included on the Lee County Protected Tree List.

The alternate dark green leaves are oblong or ovate with clasping stems. Leathery in texture, they measure two to four inches long.

The slender stalks of small whitish flowers bloom year-round, but peak



Wildlife-friendly tietongue is a native tree related to seagrape photos by Gerri Reaves

in spring to summer. Male and female flowers appear on different plants.

The flowers are a nectar source for butterflies and a host for butterflies such as the Schaus' swallowtail and large orange sulphur.

Clusters of fleshy one-seeded fruit ripen in fall to winter. Purple or reddish and one-third to one-half of an inch across, the berries attract wildlife, including birds such as catbirds, mockingbirds, robins, white-crowned pigeons and woodpeckers.

The fruit is a food source for the Miccosukee, and wines and jellies are



Dense attractive foliage provides cover and nesting sites for birds

made from the juice.

The curious name tietongue refers to the berries' high astringency.

This tree is highly drought and salt tolerant. Give it full sun to partial shade in moist but well-drained soil with some organic content.

Use as a shade, buffer, accent, or specimen tree, or as a large container plant.

If falling fruit is a concern, plant it clear of driveways, patios and walkways.

Propagate it with seeds or cuttings.

Sources: *Florida Plants for Wildlife* by Craig N. Huegel, *A Gardener's Guide*

to *Florida's Native Plants* by Rufino Osorio, *Growing Native* by Richard W. Workman, *A Guide to Florida-Friendly Landscaping* by FYN Program, *National Audubon Society Field Guide to Florida* by Peter Alden et al., *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *Trees of Everglades National Park and the Florida Keys* by George B. Stevenson, *Wild Plants for Survival in South Florida* by Julia F. Morton, www.edis.ifas.ufl.edu, www.fnps.org, and www.regionalconservation.org.

Plant Smart explores the diverse flora of South Florida.*

Sanibel's Garden Center is Open!

New pottery arriving every week.

Stop in soon for best selection.



R.S. WALSH
LANDSCAPING

In The Garden • Retail Garden Center

3889 Sanibel Captiva Road across from the Sanibel School

(239) 395-5859 www.rswalsh.com



Find Us on Facebook & Instagram

Help SCCF Bring Back the Barn Owls

Poisoned rats can kill the eagles, hawks, bobcats and owls that eat them.

Tell your pest control professional to **NOT** use these rat poisons:

- brodifacoum
- bromailone
- difenacoum
- difethialone

SCCF
472-2329

sccf.org

Or consider not using any rat poisons at all. Instead, seal all entry points to your home.



naturebrackets.com
info@naturebrackets.com

New Designs Available at
Forever Green Ace Hardware
2025 Periwinkle Way • Sanibel, FL

For a Full Mailbox
call Dave at
(239) 454-1001





The sub-adult loggerhead sea turtle

photos provided

CROW Releases More Sea Turtles

The Clinic for the Rehabilitation of Wildlife (CROW) released two sea turtles on July 27 at Vanderbilt Beach in Naples.

The first of the two turtles was a sub-adult loggerhead sea turtle which was admitted to CROW on July 1. It was rescued near Keewaydin Island in Naples and was treated for brevetoxicosis, or

red tide poisoning. The second turtle was a juvenile Kemp's ridley sea turtle which was admitted on July 6. It was rescued after it was accidentally reeled in by a fisherman on Fort Myers Beach. Radiographs of the turtle showed it had swallowed two fishing hooks. One hook was able to be removed using an endoscope while the other had to be surgically removed.

Some may wonder if it is safe to release these turtles with the current red tide conditions in the area. CROW cannot keep them in captivity until the bloom



CROW veterinary intern Dr. Kyle Abbott releasing the juvenile Kemp's ridley sea turtle

subsides, especially with more turtles arriving that need critical care.

CROW staff works closely with state officials who monitor the blooms and forecasts of the bloom to determine a suitable location where the level of the algal organisms present is the lowest and is safe to release the turtles. These turtles have also been in recovery and are now strong and healthy. There is no toxin currently present in their bodies based on blood samples.

For the adult sea turtles, this is the time of year when they are driven to nest and

it is critical for the species as a whole that they be allowed to do so, if at all possible.

All turtles are tagged with flipper tags and passive integrated transponder (PIT) tags and, in conjunction with the state, are monitored to see if they re-present at the facility or another sea turtle rehabilitation facility. So far, CROW has not had any come back, including Walter, an adult male loggerhead released on June 28. He was fitted with a satellite tag and is doing very well. His movements can be tracked at <https://conserveturtles.org/trackingmap/?id=195>.✱

Florida Health Advises Caution With Red Tide

The Florida Department of Health in Lee is reminding residents and visitors to use caution when on the beach or in waters with high concentrations of red tide. Protect your family and pets by staying away from affected areas until the blooms move further offshore or they go away.

Red tide is a naturally occurring algae that has been documented along Florida's Gulf Coast since the 1840s and occurs nearly every year. Because the blooms are patchy, other local beaches may be okay to visit. In Florida, red tide is caused by a naturally occurring microscopic alga called *Karenia brevis*.

The department encourages everyone to review these tips to stay safe while enjoying Florida's beaches:

Symptoms from breathing red tide usually include coughing, sneezing and watery eyes. For most people, symptoms are temporary and typically go away when the person leaves the area. Wearing a particle filter mask may lessen the effects, and over-the-counter antihistamines decrease symptoms.

People with chronic respiratory problems, like asthma, should avoid areas with active red tides. People with symptoms that persist should seek medical attention.

Pet owners are advised that red tide poses a risk to animals brought to the beach. Red tide can affect animals if they

drink affected water, lick their wet paws or fur, or breath marine aerosols.

Residents sensitive to red tide and living in beach areas affected by blooms are advised to close windows and run the air conditioner (making sure that the AC filter is maintained according to the manufacturer's specifications).

Seafood, including shellfish, in restaurants, hotels, grocery stores and markets, is safe to eat. Cook shellfish (oysters, clams, mussels) thoroughly to prevent exposure to *Vibrio vulnificus*. Shellfish should not be harvested or eaten from areas with active red tide.

For the latest red tide status reports, visit www.myfwc.com/redtide. For red tide questions/health concerns, call Florida Poison Control Information Center at 1-800-222-1222.✱

Contractor Hired To Help Clean County Beaches

Lee County has hired its debris-removal contractor to supplement efforts currently underway by Parks & Recreation employees to clean county beaches affected by the recent red tide fish kill.

CrowderGulf will begin Thursday morning, concentrating first along county parks and beach accesses on the Sanibel Causeway, Lynn Hall Park to Bowditch Point on Fort Myers Beach, and Boca Grande.

"Lee County is actively working to clean up the debris along our beaches as

a result of the recent red tide bloom," said Cecil Pendergrass, who is chairman of the Lee Board of County Commissioners and the Tourist Development Council. "I will continue to strongly advocate for water quality improvements by working with our state and federal agencies, pushing for action."

Parks & Recreation crews now are cleaning parks and boat ramps of larger fish (not pinfish) each morning. CrowderGulf will be supplementing those efforts and also is under contract by the Town of Fort Myers Beach and City of Sanibel.

The county will focus on the most affected county parks and accesses.

The county also urges property owners adjacent to beaches to clean their immediate areas and is working on a plan to place dumpsters in key locations where residents can dispose of these fish. People may also pick up fish immediate to their homes and businesses and place them in their normal waste stream by double-bagging them and placing them in their regular trash receptacles, but understand that the hauler will not be able to make additional collections outside of regularly scheduled collection days.

Lee County has placed dumpsters in key locations where residents can dispose of fish that washed ashore near to their homes and businesses due to red tide. They include: Lynn Hall Memorial Beach Park, 950 Estero Boulevard, Fort Myers Beach; Crescent Beach Family Park, 1100 Estero Boulevard, Fort Myers Beach; Bowditch Point Beach Park, 50 Estero Boulevard, Fort Myers Beach; 7th Street Beach Access, 7th Street West, Boca Grande; Causeway Islands, 19931 Sanibel

Causeway Road, Sanibel; Bonita Beach access #10, 26082 Hickory Boulevard, Bonita Springs.

Red tide is a naturally occurring microscopic alga that has been documented along Florida's Gulf Coast since the 1840s and occurs nearly every year. Blooms, or higher-than-normal concentrations, happen periodically. Blooms typically occur miles offshore and are carried to the shore by winds and currents.

Red tide is a different organism than blue-green algae (cyanobacteria) that has recently bloomed in the Caloosahatchee and St. Lucie river basins.

For more information on red tide statewide, visit www.myfwc.com/redtidestatus.✱

From page 10

Toxic Algae

FDEP reported was for microcystin on June 26 at the Franklin Lock. FDEP sampling protocols should focus more on where cyanobacteria occur as concentrated surface scums that frequently have the highest toxin concentrations in order to accurately assess the degree of public health threat.

CWK applauds the state's action in declaring Lee and six other counties as disaster areas. CWK also calls for sharing adversity by all stakeholders during this crisis. The state needs to disperse water in the Everglades Agricultural Area (EAA). For a complete list of the interventions needed, check out CWK's call to action at www.calusawaterkeeper.org.✱

Law Firm Attorneys Gain Legal Elite Status

Henderson, Franklin, Starnes & Holt, PA recently announced that Attorneys Amanda Barritt, Thomas Gunderson, Russell Schropp and Robert Shearman were named to the 2018 *Florida Trend* magazine's Legal Elite. To compile the list, Florida Trend asked actively practicing Florida attorneys to name the attorneys that they hold in highest regard, lawyers with whom they have personally worked and would recommend to others. The resulting list represents less than 1.2 percent of active Florida Bar members.

Barritt is Florida Bar Board certified in condominium and planned development law and serves as chair of the firm's Condominium and Homeowners' Associations Practice Group. She frequently speaks to condominium association management groups and writes on these topics on the *Legal Scoop on Southwest Florida Real Estate* blog. Barritt also holds the highest AV rating by Martindale Hubbell. She received her undergraduate degree from Auburn University and her law degree from Florida State University.

Gunderson is Florida Bar Board certified in real estate law and is chair of the firm's Real Estate Department. He uses his expertise to assist his clients with sophisticated commercial real estate development projects such as commercial subdivisions, apartment complexes, office buildings and shopping centers. Gunderson has been honored numerous times throughout his career by *Florida Super Lawyers* magazine, as well as Best Lawyers in America. He is also AV-rated by

Martindale-Hubbell. Gunderson received his undergraduate degree from Indiana University and his law degree from the University of Florida.

Schropp is the firm's managing stockholder and also serves as chair of the land use and environmental law department. He represents property owners before local, regional, state and federal agencies to obtain zoning and development approvals. Schropp has significant experience in multi-acre residential communities and other complex projects that may face environment issues associated with wetlands, flow ways and protected species. He has been recognized by *Florida Super Lawyers* magazine, Best Lawyers in America and is AV rated by Martindale Hubbell. Schropp received his undergraduate degree from Stetson University, his master of science degree in urban and regional planning from Florida State University and his law degree from Florida State University.

Shearman is Florida Bar Board certified in civil trial law and is a Florida Supreme Court certified civil mediator. He represents public and private entities with respect to constitutional claims, wrongful termination, discrimination and harassment matters. Shearman also represents law enforcement agencies and officers, as well as real estate professionals, in civil litigation and administrative actions. He frequently provides preventative harassment and discrimination training and lectures on employment law, real estate and tort litigation. Shearman has been recognized by *Florida Super Lawyers* magazine, Best Lawyers in America and is AV-rated by Martindale-Hubbell. He is co-chair of the 2018-19 United Way campaign. Shearman received his undergraduate degree from Emory University and his law degree from Florida State University.✱

Clean Energy Residential Program

The property assessed clean energy (PACE) residential program for eligible property owners within the City of Fort Myers began on August 4. The residential program provides property owners an opportunity for voluntary financing of energy efficiency improvements, renewable energy initiatives and other eligible improvements.

Through taking advantage of this opportunity, property owners can make energy efficiency improvements without a large upfront cash payment. Property owners voluntarily choosing to participate in the PACE program repay the improvement costs over a set period of time through property assessments, which are secured by the property itself and paid as an addition to the

owner's property tax bill. The program also helps some property owners deduct payments from their income tax liability.

A PACE assessment is a debt of property, meaning the debt is tied to the property as opposed to the property owner(s). This key component allows property owners to make improvements regardless if they think they may not stay in the property long enough to realize enough savings to cover the upfront costs.

Earlier this year, the city entered into agreements with Florida Green Finance Authority; Green Corridor Property Assessed Clean Energy District; Florida Resiliency and Energy District; and the Florida PACE Funding Agency as a means of implementing the program. This residential component of the PACE program complements the existing PACE commercial program currently in effect in the City of Fort Myers.

For more information, contact Stephanie Schaffer at 321-7157 or sschaffer@cityftmyers.com.✱

Bank Officer Rejoins Theater Board Of Directors

David Hall, Sanibel Captiva Community Bank's executive vice president, CFO and chief operating officer, has rejoined the Florida Repertory Theatre's board of directors. He previously served on its board of directors from 2003 to 2010.

"The Florida Rep board of directors is very pleased to welcome David back to the board, as he brings considerable expertise and experience in nonprofit leadership," said R. Marc Laviolette, board chair.

A Fort Myers resident since 1991, Hall is a founding director of Sanibel Captiva Community Bank. He holds a business degree from University of Florida and is a certified public accountant with four decades of banking experience. In addition, Hall currently serves as treasurer of Fort Myers Community Concert Association and president of the Southwest Florida Symphony Endowment Foundation board of trustees, both of which he first joined in 2008.

Florida Repertory Theatre is a fully professional theatre company that



David Hall photo provided

performs in the Historic Arcade Theatre and the ArtStage Studio Theatre in the Fort Myers River District. The board of directors is compiled of Southwest Florida community leaders who support theater in a variety of facets. Visit www.floridarep.org for more information.

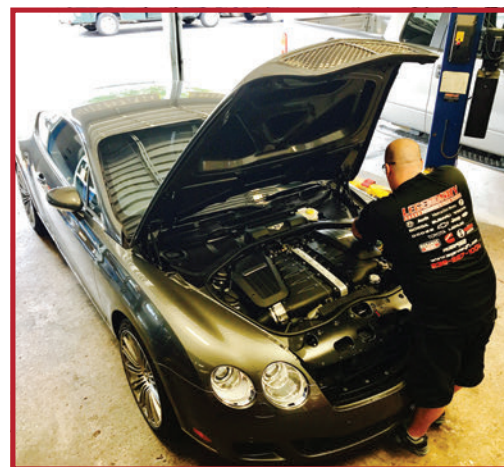
Sanibel Captiva Community Bank has two locations on Sanibel and five locations in Fort Myers. To learn more, visit www.SanCapBank.com.✱

Read us online at IslandSunNews.com

Automotive Service That You Can Trust

LEGENDARY

★★★★★ AUTOMOTIVE & TRUCK SERVICE



\$25 Off your first service

Limit one per customer, no cash value, cannot be combined with any other offer or discount.

We look forward to earning your business



Approved Auto Repair

All Makes and Models both Foreign and Domestic

- Professional Caring Staff
- Clean and Comfortable
- Master Certified Technicians
- Pictures and Video delivered to you of any repair or maintenance issue

239-277-1004

1921 Courtney Drive • Fort Myers 33901

OPEN Monday - Friday 8am to 5:30pm • Saturday 8am to 4pm • Sunday Closed

www.LegendaryFL.com

Book Review

The Escape Artist



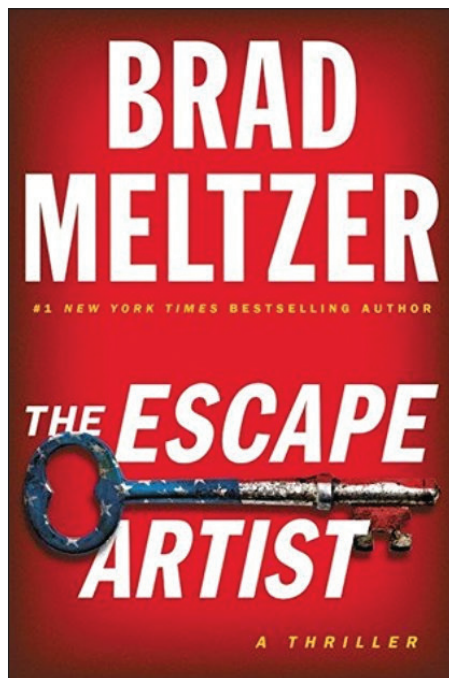
by Di Saggau

The *Escape Artist* by Brad Metzler is a thrilling read that will entertain you and teach you, and it will grip you emotionally. There's humor and nonstop suspense with lots of twists and turns and

plenty of action involving a fascinating conspiracy. I hope I now have your attention. The question everyone asks of themselves is, "Who is Nola Brown?" As the story begins, her body is found among others after a devastating plane crash in Alaska. The body is confirmed as hers, but Nola isn't dead. Jim Zigarowski is the port mortuary branch chief at Dover Air Force Base. He goes by "Zig," and he knew Nola when she was a young girl.

Zig's job is to claim the remains of fallen soldiers and make them look the way family members remember them. He takes his job very seriously and does it with love. However Zig is a broken man, due to the fact that his only child, Maggie, tragically passed away. We learn the details of her death later on in the book. Zig also raises bees, 40,000 of them. We learn a lot about the bee kingdom.

When he realizes the body isn't Nola's, Zig starts to wonder why she has been misidentified. He also questions the identities of three other bodies named



Rose Mackenberg, Clifford Eddy Jr. and Amedeo Vacca. These three worked with Harry Houdini, and they died 50 years ago. It all adds up to the U.S. Army's most mysterious secret, a centuries-old conspiracy that traces back through history to the greatest escape artist of all, Harry Houdini. It's called Operation Bluebook.

Nola is the Army's artist-in-residence, a painter and a trained soldier who rushes into battle, making art from war's aftermath and shaping observations about today's wars that would otherwise go overlooked. On her last mission, she

saw something nobody was supposed to see. Nola is Metzler's strongest female character yet.

I bought my book at Costco and that included a special introductory chapter that explains where Metzler got his idea for the book. There is also a special note from the author at the end that is only to be read when you finish the book. He is

emphatic about that. I found it hard to put the book down. Michael Connelly wrote, "*The Escape Artist* is a slingshot of a novel. Brad Metzler expertly pulls it back and lets it go, propelling the unlikelyst of heroes forward in a high stakes, high tension thriller that never lets you catch your breath. My advice: Buckle up!" My advice, read the book.*

School Smart



by Shelley M. Greggs, NCSF

Dear Shelley, We are having first day of school jitters at my house – my oldest child will be going to an all-day kindergarten. What are some things we can do to keep things calm?

Jena R, Fort Myers

Jena

School jitters happen to all of us at sometime or another. It's very normal. There are some things though that you can do to ease that nervousness, especially for a young kindergarten child.

Before school starts:

If your child's school does not have an orientation program, make an appointment to visit the school. Walk around the building and walk the route to your child's classroom.

During your visit, take some pictures of your child at various places at the school and make your own "book" about going to school.

Drive your child's bus route and point out places of interest along the way.

A week or so before school starts, begin waking your child at the time he will need to wake up in order to go to school. This will help you know how much sleep your child will need so that he or she is rested for school. Adjust bedtime accordingly.

On the first day of school:

Make sure your child has a healthy breakfast. He or she will need to pay attention to the teacher, not a hungry tummy.

Give your child a picture of your family to keep in his desk or backpack. She or he

can look at it whenever he feels lonely.

Celebrate – families should proudly celebrate the first day of kindergarten as an important passage in a child's life.

If your child doesn't want to go to school:

Be matter of fact – let your child know that going to school is expected of him.

Don't give in to pleading – as hard as it is, if you give in to your child's pleas not to go to school, it will make it that much harder for him to go next time.

Don't repeatedly tell your children how much you're going to miss them when they go to school. This will only make it more difficult to separate from you.

Most children are afraid of the unknown – preparing your child beforehand will relieve many of his or her fears.

Parent Jitters:

Try to keep your own anxiety in check. Children can often sense when their parents are upset and can become nervous themselves.

Talk it out – if you are nervous about your child "leaving the nest," talk with someone you trust... a friend, your parents, a clergy member, or a school employee

Nervousness is normal and the anxiety should subside in about a couple of weeks once your child feels comfortable in his new routine. I know that both of you will enjoy the kindergarten experience - it's great.

Adapted from the Virginia Academy of School Psychologists, public service department

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

Available at
www.AMAZON.COM
www.EDITORIALRXPRESS.COM

Female Pioneers of Fort Myers

Women Who Made a Difference in the City's Development

By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [*Female Pioneers of Fort Myers*] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

From page 9

Waterkeeper

Captiva, Sanibel, Cape Coral and Fort Myers.

Reached for comment, KC Schulberg said: "I first fell in love with this ecosystem when my father and uncle produced America's first ecology-themed motion picture, called *Wind Across the Everglades*, starring Oscar-winner Christopher Plummer for Warner Brothers in 1957. Now I have come full circle and am honored to join the CWK team in their efforts to rescue the Caloosahatchee and draw national attention to the remarkable beauty of Southwest Florida's waterways and estuaries while we work to restore them to their once pristine glory."

Gene Gibson, president of Calusa Waterkeeper said, "We are thrilled to have

KC on board to build awareness, raise funds, create events and generally expand the organization's reach and profile."

Calusa Waterkeeper dates from 1995 when its predecessor organization, the Caloosahatchee River Watch Association, was co-founded by present day "Waterkeeper" John Cassani. In 2015, the organization became an affiliate of the prestigious international Waterkeeper Alliance founded and run by Robert F. Kennedy Jr, changing its name to Calusa Waterkeeper. The following year, in 2016, Calusa Waterkeeper became a full-fledged Member of the Waterkeeper Alliance. Waterkeeper Alliance unites more than 300 Waterkeeper Organizations and Affiliates – all of whom, like CWK, are on the front lines of the global water crisis, patrolling and protecting more than 2.5 million square miles of rivers, lakes and coastal waterways on six continents.*



P.J. Scheiner, right, with members of the Southwest Florida biker community at the 2016 Bikers for Babies event photo provided

Law Firm Partners In Bikers For Babies Ride

Associates and Bruce L. Scheiner, Attorneys for the Injured will team up with the March of Dimes and motorcycle riders across Southwest Florida to sponsor the 18th annual Southwest Florida March of Dimes Bikers for Babies event. Bruce L. Scheiner and son P.J. Scheiner, a trial attorney for the firm, are co-chairs of the police-escorted motorcycle ride from North Collier Regional Park to Seminole Casino Hotel Immokalee on November 4.

Since 2001, Bikers for Babies has raised more than \$2 million in Southwest Florida to support medical treatments and education geared to help more mothers have full-term pregnancies and stronger, healthier babies.

"I've spent my career pursuing justice for those who otherwise would have no voice. Premature babies and infants suffering from severe health challenges can't ask for better care, but we can,"

Bruce L. Scheiner said. "I'm eager to support Bikers for Babies and everything they do to improve the lives of newborn babies and their families."

About 1,500 bikers are expected to take part in this year's ride, which will be the only March of Dimes Bikers for Babies event in the U.S. The goal is to raise \$150,000 for the March of Dimes, which invests 76 cents of every dollar in research and support for programs that help babies begin healthy lives. Learn more about how the funds are distributed at www.marchforbabies.org/waystohelp.

"As the parent of a young child, I'm proud to have the opportunity to work with March of Dimes and Bikers for Babies to support newborns and their families," P.J. Scheiner said. "My heart goes out to every family that has to suffer through pregnancy or delivery complications, and I'm honored to stand with bikers across Southwest Florida to make sure those families get the attention, care and resources they so desperately need."

All licensed motorcyclists are eligible to take part. To find out how to get involved, call the firm at 800-283-2900 or the March of Dimes at 271-2564.*

College Faculty Grant Projects To Be Showcased

Florida SouthWestern State College (FSW) faculty members will showcase their 2017-18 Academic Research Council (ARC) grant projects during an ARC event in Building AA-168 on the FSW Thomas Edison campus on Thursday, August 16 from 9 a.m. to noon. The presentations can also be viewed digitally at the FSW Charlotte Campus, Building E, Room 105; the FSW Collier Campus, Building G, Room 109; and the FSW Hendry/Glades Curtis Center, Building A, Room 114.

"The ARC grant was established in 2015 to support the innovative and creative scholarly projects and contributions of FSW's faculty that positively impact the learning experiences of FSW's students and community," said Dr. Joseph van Gaalen, director, assessment and effectiveness. "FSW's faculty are experts in their subject areas. Their commitment to research and to seek new knowledge in their areas of expertise provides motivation and a leading example for FSW students

to continue seeking new knowledge for themselves."

The schedule of the ARC project presentations is as follows:

9:30 to 9:55 a.m. – Sources of Color to San Carlos Bay: Changes in Dissolved Organic Matter and Chlorophyll a Content in a Shallow Estuary by Professor of Biological Science Dr. Michael Sauer and Professor of Biology Dr. Melanie Ulrich

10 to 10:25 a.m. – Effectiveness of Online Virtual Nursing Leadership Experiences – Comparative Analysis by Professor of Nursing Margaret Kruger and Professor of Nursing Martha Jenner

10:30 to 10:55 a.m. – Toxicity Evaluation of Food Additives by Professor of Biochemistry Dr. Gabriel Gaidos

11:15 to 11:40 a.m. – The Digital Cavendish Project: A Collaborative Scholarly Repository for the Study of Early Modern Women Writers by Professor of English Dr. Shawn Moore

11:45 to 12:10 p.m. – Recovery of Useful Nitrogen and Phosphorus from Waste Water by Professor of Microbiology Dr. Michael Witty

FSW is located at 8099 College Parkway in Fort Myers. For more information, contact Dr. van Gaalen at 433-6965 or joseph.vangaalen@fsw.edu.*

Title Sponsor Named For 2018 Holiday Sparkle



From left, Joseph Kramp, PhD, CAP, senior director of development, FSW Foundation; Victoria Stephan, director of development, FSW Foundation; Charles K. Idelson, president and CEO, Investors' Security Trust; and Crissy Fabian, vice president, marketing coordinator, Investors' Security Trust. photo courtesy of FSW

Investors' Security Trust has been named the title sponsor for the FSW Foundation Mina Edison Society Holiday Sparkle. The fashion event for men and women will be held on Florida SouthWestern State College's Fort Myers campus on Tuesday, November 6 from 6 to 8:30 p.m. Proceeds will benefit the Mina Edison Society academic scholarship fund.

"Investors' Security Trust shares our passion for providing academic scholarships for our students so they can realize their career dreams," said Victoria Stephan, director of development, FSW Foundation. "Their generosity in supporting the Holiday Sparkle event is yet another way they demonstrate their

commitment to the Southwest Florida community."

The honorary chairs of this event are Dr. and Mrs. Jeffery Allbritten.

Mina Edison Society is a network of influential women providing leadership, mentoring and scholarships to students of Florida SouthWestern State College. Founded in 2007, the Mina Edison Society continues today, demonstrating the philanthropic and entrepreneurial values of Fort Myers' matriarch, Mina Edison.

FSW is located at 8099 College Parkway in Fort Myers. For more information, contact www.fswminaedisonsociety.com or call 489-9210.*

NEW DAY, NEW ADVENTURE AT THE MUSEUM

Experience a different adventure at the Museum each day from 1-2 p.m.



Plus, EVERY day:
Shell Arts & Crafts, Tank Talks,
and Beach Walks departing
from the Island Inn

* Free with paid Museum admission.

** Preregistration required at ShellMuseum.org/beachwalks
Schedules subject to change.

3075 Sanibel-Captiva Rd.
Sanibel, Florida 33957

(239) 395-2233
Open Daily, 10 a.m.-5 p.m.

SHELLMUSEUM.ORG



LEE COUNTY
VISITOR & CONVENTION BUREAU



BAILEY-MATTHEWS
**NATIONAL
SHELL
MUSEUM**

Financial Focus

How Can You Help Your Kids Pay For College?



by Jennifer Basey

It's still summer, but we're getting close to a new school year. One day, though, "back-to-school" will mean "off to college" for your children. Will you be financially prepared to help your kids cope with

the costs of higher education?

Your first step, of course, is to know what you're up against, so here are some numbers: For the 2017-18 academic year, college costs (tuition, fees, room and board) were, on average, nearly \$21,000 for in-state students at four-year, public schools and nearly \$47,000 for students attending private colleges or universities, according to the College Board. And you can probably expect even bigger price tags in the years to come.

To help prepare for these costs, you might want to consider putting your money in a vehicle specifically designed to help build assets for college, such as a 529 education savings plan. All withdrawals from 529 plans are free from federal income taxes as long as the beneficiary you've named uses the money for qualified college, trade school or graduate school expenses. Withdrawals for expenses other than qualified education expenditures may be subject to federal, state and penalty taxes on the earnings portion of your plan. (However, tax issues for 529 savings plans can be complex, so please consult your tax advisor before investing.)

You can generally invest in the 529 savings plan offered by any state, but if you invest in your own state's plan, you may

be able to claim a tax deduction or receive a tax credit.

By starting your 529 plan early, when your children are just a few years old, the investments within the plan have more time for potential growth. Plus, you can make smaller contributions each year, rather than come up with big lump sums later on.

A 529 plan is not the only education-savings tool you can use, but it has proven effective for many people. Yet you may also want to consider ways to keep college costs down in the first place.

For one thing, your children may be eligible for various forms of financial aid. Some types of aid depend on your family's income, but others, such as merit-based scholarships, are open to everyone. But you don't have to wait until you get an offer from a school's financial aid office – you can explore some opportunities on your own. For example, many local and national civic and religious groups offer scholarships to promising young people, and your own employer may even provide some types of grants or assistance. Plus, your state also may offer other benefits, such as financial aid or scholarship funds. It can certainly take some digging to find these funding sources, but the effort can be worthwhile.

Here's another option for reducing college costs: Consider sending your child to a local community college for two years to get many of the "general" requirements out of the way before transferring to a four-year school for a bachelor's degree. Community colleges are typically quite affordable, and many of them offer high-quality programs.

A college degree is costly, but many people feel it's still a great investment in their children's future. And by taking the appropriate steps, you can help launch that investment.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✴

with students."

Students in Grades 3 to 10 took the FSA test in English Language Arts, which includes both reading and writing skills. The FSA Math test was administered in Grades 3 to 8, and the Science test was administered in Grades 5 and 8. Students enrolled in civics, algebra 1 and geometry in spring 2018 participated in the state's EOC exams for those subjects.

Most of the perfect scores, 200 of them, were recorded on the FSA Math test for elementary and middle school students, while 103 third through eighth graders got a perfect score on the FSA English Language Arts test.

"Congratulations to all the students who received a perfect score on their FSA test," said Superintendent Dr. Greg Adkins. "I am extremely proud of each of their accomplishments. They have demonstrated what it means to reach your highest potential."

Perfect score certificates for each student from the governor will be available to schools/parents in late August. Schools will be encouraged to recognize these students once the certificates arrive.✴

Superior Interiors

Natural Textures Throughout Your Space



by Linda Coin

Materials inspired by the environment can liven up any room. Using elements like wood, stone and clay will create an inviting atmosphere by bringing the outside in. This is one of the

easiest ways to freshen up your house, no matter what time of year it is.

Stone countertops bring the colors, veins and speckles of the earth's minerals to life. Consider placing them in the kitchen, bathroom, or both. This is a simple yet subtle way to incorporate earthen beauty into your home design.

Wooden accents in the form of living or dining room furniture make for a rustic yet elegant statement. Embracing the outdoors for all it's worth, this is a more rugged take on traditional style. Try a farmhouse table in the kitchen, dining area or entryway of your home.

Leather is a timeless texture that turns any room into a chic and sophisticated

space. Leather sofas and chairs can add a fun and traditional touch to your living areas. Place a leather lounge chair in your office or entryway as an endearing statement piece.

Marble home decor is trendier than ever. Whether taking the form of coffee tables and desks or bowls, lamps and other accessories, there are dozens of ways to utilize this material. Even plates, cutting boards and flatware with marbleized design make a sophisticated statement in the kitchen.

Greenery was all the rage in 2017, but we believe the trend of decorating with natural foliage throughout the home will continue. From fresh flower arrangements to winding vines and shrubbery, embrace the great outdoors year-round and play with different accents in various rooms. Fill pillar holders with candles wrapped in green sprigs – real or fake – for the perfect centerpiece. A mantle adorned with a small eucalyptus tree is as captivating as its natural fragrance. Succulents are popular as ever. Place them near any window to create a modern and refreshing indoor garden or go simple and place fresh flowers throughout the house. The options are endless.

Clay is a beautiful option that can easily bring the outdoors into any room. Place greenery in clay pots to maximize the use of natural textures in a subtle yet endearing way.

Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindeden.com.✴

Calculate Idea Of College Costs By Using Net Price

High school students headed for college can get an idea of how much it costs to attend a college using the school's net price calculator, according to the Kentucky Higher Education Assistance Authority (KHEAA).

The U.S. Department of Education requires colleges to have a calculator on their websites.

The calculator will require information about a student's academic standing and about parents' finances. It is important to remember that the result is an estimate that may be off by thousands of dollars.

Be sure to look at the net price, not the net cost. The net price is the

amount a family can expect to pay toward a student's college education, including any loans. The net cost takes into account student loans, which must be repaid, so it will look lower than the net price.

KHEAA is a public, non-profit agency established in 1966 to improve students' access to college. It provides information about financial aid and financial literacy at no cost to students and parents. KHEAA also helps colleges manage their student loan default rates and verify information submitted on the Free Application for Federal Student Aid (FAFSA). For more information about those services, visit www.kheaa.com.

In addition, KHEAA disburses private Advantage Education Loans for its sister agency, KHESLC. For more information about Advantage Education Loans, visit www.advantageeducationloan.com.✴

Students Earn 463 Perfect Scores On FSA Tests

The School District of Lee County recently announced there were 463 perfect scores on the 2017-18 Florida Standards Assessment tests. That's 82 more than last year.

The new data shows 79 schools, including charters, had at least one student earn a perfect score. Lexington Middle School had the most, with 33 perfect scores. For elementary schools, Pinewoods had the most with 29 perfect tests and Fort Myers High School had 14 for a high at the high school level.

"I am so proud of the students, teachers and staff for providing quality and rigorous learning experiences that truly bring our students to reach their highest potential," says Lexington Middle School Principal Kristin Bueno. "Our teachers are passionate about their work, and all they put in each day brings about these exceptional results

Republican Women Meeting

Congressman Francis Rooney will be the featured speaker at the monthly Fort Myers Republican Women's luncheon at The Helm Club in The Landings on Tuesday, August 21. A social hour begins at 11:15 a.m. The noon lunch will be followed by the business meeting and program.

Rooney will provide a legislative update and current events facing Congress, emphasizing the current water quality issue. A question-and-answer session will be held following Rooney's

presentations.

Luncheon cost is \$20. The public is invited. Reservations are required by Thursday, August 16. Attendees may write their checks to the Republican candidate of their choice, and the club will pay for the luncheon.

Future meetings will include a presentation about The School Board of Lee County's proposal for a special tax in September and a review of all the amendments that will appear on the November election ballot in October.

The Landings is located at 4420 Flagship Drive in Fort Myers. For more information or to make reservations, contact Tina Laurie at 489-4701.✴



David Fry, board chair
photos provided



Beth Hendry, vice-chair



Mary Vlasak Snell, secretary



John Clinger, immediate past-chair



Patricia Heath, treasurer

United Way Officers Elected For 2018-19 Term

The 2018-19 officers of the United Way of Lee, Hendry, Glades and Okeechobee were elected at the volunteer organization's annual meeting in June.

United Way's officers are as follows:

David Fry – The Place on First, board chair
Beth Hendry – Iberiabank, vice-chair
Patricia Heath – Interop Technologies, treasurer
Craig Folk – Miller Helms & Folk PA, assistant treasurer
Mary Vlasak Snell – Pavese Law Firm, secretary
John Clinger – Clinger Sizemore & Associates, Bank of America/Merrill Lynch, immediate past-chair
All money raised in the United Way

campaign stays in the local community to help support the local human service network. United Way Partner Agencies and initiatives include: The Alvin A Dubin Alzheimer's Resource Center, Partners for Breast Cancer Care, Harry Chapin Food Bank, the Boys and Girls Clubs, The Salvation Army and United Way 211, to mention a few. These agencies serve a diverse range of needs in our community such as nurturing children and youth, strengthening families and meeting critical needs like

helping the elderly and disabled live independently as well as empowering communities by bringing health and human services to neighborhoods. In addition to raising funds for human service organizations in the community, the United Way promotes partnerships and collaborations among agencies and initiatives, helping them to work together focusing on issues and solutions that continue to improve lives. For more information, call 433-2000 or visit www.unitedwaylee.org.



Walkway leading to "Ding" Darling's Learning Lavatories
photos provided

Refuge Chosen As Finalist For Best Bathroom

The public restrooms at the JN "Ding" Darling National Wildlife Refuge Visitor & Education Center on Sanibel Island are in the top 10 list of contestants in the 2018 America's Best Bathroom Contest. Contest host Cintas Corporation informed "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) last week that the refuge's Learning Lavatories (#LearningLav) restrooms project ranks among the annual contest's finalists. Voting for the contest began August

6 on the website, www.bestrestroom.com/us. The public is invited to vote all day, every day through September 14. There is no limit to the number of times a person can vote each day, according to the contest rules. Cintas' judging criteria included cleanliness, visual appeal, innovation, functionality and unique design elements. "We clearly lead in every one of those categories – especially innovation and unique design," said Toni Westland, supervisory refuge ranger and a driving force behind the artistic, educational restrooms project. "I guarantee, there's no other restrooms like these in the world that are devoted to wildlife conservation and environmental awareness."



A 3D alligator sculpture hangs from the ceiling

Funded by a \$125,000 grant from the West Coast Inland Navigation District (WCIND) and contributions from private donors, Project #LearningLav debuted in October 2017. It features educational imagery inside the lavatories and on the outdoor wall leading to them. The outdoor wall and ceiling mural immerses visitors in a virtual underwater experience, where they come eye-to-eye with 3D manatees and look up to see an alligator and other wildlife sculptures swimming overhead. Inside, the lavatories were renovated to green standards and continue the interpretive underwater motif, featuring a photo-tile mangroves mural and more wildlife sculptures. Stall doors are wrapped with close-up photographs of refuge birds and identification information. Informative teaser messages were designed to entice

visitors into the admission-free Visitor & Education Center to learn more. The #LearningLav project showcases the work of two artists. Sanibel artist Andrew Corke fashioned a mother and baby manatee out of recycled bike tires, while North Carolina artist David Williams sculpted other creatures out of foam and fiberglass. Williams painted the lifelike sculptures and one-dimensional aspects of the murals. "We like to say that the restrooms have turned a 'nature call' into a 'nature enthrall,'" said Paul Tritaik, refuge wildlife manager. Visit www.bestrestroom.com/us to vote in the best bathroom contest. Follow #DingBestBathroom to monitor refuge standings on social media. To learn more about the Learning Lavatories, log on to www.dingdarlingsociety.org/articles/project-bathroom.

Has Former Florida Coach Urban Meyer Coached His Last Game?



by Ed Frank

It seems as if it was yesterday – those glory years of University of Florida football – when Urban Meyer was leading the Gators to national championships in the 2006 and 2008 seasons while compiling an overall record of 65-15 in six seasons.

After stepping down after the 2010 season for health reasons, he jumped to Ohio State a year later where he won another national championship (2014) and recorded an amazing 73-8 record in seven seasons.

When he left Gainesville, many of the Gator faithful were saddened, shocked and angry.

But the question reverberating today is whether Meyer has coached his last game after reports surfaced last week that he may have covered up alleged incidents of domestic abuse by his long-time assistant coach Zach Smith, some dating back to his days at Florida.

Smith has been fired by the Buckeyes, and Meyer has been placed on administrative leave while the matter is being investigated.

Ohio State officials have said the investigation will be completed in two weeks. Obviously, we don't know whether the highly-talented Meyer is guilty of cover up, or has been the case in other college scandals; a university is placed above the law to "protect" the name of the institution.

As far back as 2009, when Smith was a graduate assistant at Florida, there were police reports that Smith had abused his wife. At that time Meyer recommended counseling for the couple.

But then in 2015, two additional incidents were reported of which Meyer said he knew nothing about. However, several text messages from Smith's wife to Meyer's wife emerged detailing the alleged abuses.

As a result, many believe that Meyer has coached his last game at Ohio State while others feel he will get off with a three- or four- game suspension. He is one of the highest paid college coaches at more than \$7 million a year, with an overall winning record of 177-31. It's anyone's guess where this sordid mess will conclude. Whatever it is, another stain has been left on college football.

Red-Hot Red Sox Sweep Yankees – Bring On The Postseason
With a four-game sweep of rival New York Yankees last weekend, the Boston

Red Sox began the week with the best record in baseball at 79-34 and a lop-sided 9-1/2 game lead over the Yankees in the American League Eastern Division.

It was only the seventh time in the last 100 years that Boston swept New York in a four-game series.

It would take a Red Sox collapse (too much talent for that to occur) and a torrid winning streak by the Yankees for Boston to lose the AL East.

At the rate Boston is winning, they could record 112 or 113 wins this season. Remember, however, Boston won the last two AL East titles, but were eliminated in the first round of the playoffs both years. This cost Manager John Farrell his job.

Although nearly two months remain in the 2018 season, the Red Sox already are looking forward to success in 2018 post-season play.

It's a long shot, but at the rate the Red Sox are winning, and with a record of 79-34 they have a .699 winning percentage, they have a shot at breaking baseball's all-time record of 116 victories set by Seattle in 2001.*

Memorial Golf Tournament Set For October 1

The 2018 Larry J. Romano Memorial Golf Tournament that raises funds to purchase life-saving equipment for the Fort Myers Police Department (FMPD) will take place at Colonial Country Club on Monday, October 1. Golf tournament registration begins at 11 a.m. followed by lunch at noon and a shotgun start at 1 p.m. The tournament will be followed by a cocktail hour at 5:30 p.m. and dinner at 6:30 p.m. with an awards presentation, silent auction and 50/50 raffle.

In 2016, the tournament was renamed in honor of one of the Fort Myers Police Foundation's (FMPF) founding members, Larry J. Romano, who passed away suddenly last July at the age of 75.

This is the fifth year of the tournament. Since its formation in 2014, the police foundation has raised more than \$150,000 that has gone toward purchasing medical kits for patrol cars, ballistic shields, electronic ear protection for shooting ranges, a Meggitt FATS® L7 compact training simulator, a K-9 and more.

Entry fee is \$200 per player and \$100 for a non-playing guest. Individual and corporate sponsorships range from \$1,500 to \$3,000. Program ads are also available for \$250 to \$350.

Last year's tournament had to be cancelled due to Hurricane Irma.

"This tournament announcement falls at an important time for our local city police force," said Wayne Chevalier, FMPF board chairman. "We are all mourning the recent death of FMPD Officer Adam Jobbers-Miller whose life was ended too soon while in the line of duty. We are proud that our fundraising thru this golf tournament has resulted in the purchase of thousands of dollars of life-saving equipment for the FMPD, but are truly saddened this was a tragedy our fundraising couldn't prevent."

The Fort Myers Police Foundation is a 501(c)3 nonprofit organization whose goal is to help build a stronger bond between the community and its local police department. All funds raised by the Police Foundation go toward purchasing life-saving equipment for the Fort Myers Police Department and the community it serves.

Colonial Country Club is located at 9181 Independence Way in Fort Myers. Reservations and sponsorships are available by visiting www.fortmyerspolicefoundation.org or calling 330-323-4088.*

Estero High Names Head Football Coach

Estero High School recently announced the hiring of Darren Nelson as head football coach. Coach Nelson was elevated from

defensive coordinator to head coach after the abrupt departure of Brad Vojcak earlier in the summer. Coach Nelson has been overseeing off-season workouts since June.

Coach Nelson brings with him an extensive resume, including 10 years at the college level, splitting time between the University of St. Thomas and Bemidji State University.*

SPORTS QUIZ

1. Who was the last major-league player before Washington's Anthony Rendon in 2017 to have at least six hits, three home runs and 10 RBIs in a game?
2. Name the last White Sox player before Matt Davidson in 2017 to hit home runs in four consecutive games.
3. Who was the last QB/receiver tandem to throw TD passes to each other in an NFL game before Jacksonville's Blake Bortles and Marqise Lee did it in 2016?
4. When was the last time before 2017-18 that Arizona State's men's basketball team started a season 9-0?
5. When was the last time before the 2017-18 season that the NHL had multiple 100-point players?
6. Which was the last Major League Soccer expansion team before Atlanta in 2017 to qualify for the playoffs in its debut season?
7. What horse was the first trained by D. Wayne Lukas to win the Kentucky Derby?

ANSWERS

1. Cincinnati's Walker Cooper, in 1949. 2. Alex Rios, in 2013. 3. Chicago's Jim McMahon and Walter Payton did it in 1985. 4. It was the 1974-75 season. 5. It was the 2009-10 season. 6. The Seattle Sounders, in 2009. 7. Winning Colors, in 1988.



PRGHomeTeam.com

Pfeifer Realty Group Is Your Home Team!

Community, Service, Leadership, Expertise, Integrity, Results

239.472.0004

Eric Pfeifer
Broker, Owner



District To Launch Bus Locator App Districtwide

The School District of Lee County's WheresTheBus App will be available to all students and parents for the 2018-19 school year. The app allows users to track a specific bus to their stop in the morning and on the way home in the afternoon.

"The Where's the Bus app puts the power of information right into our students and parents hands," said Executive Director of Transportation Services Robert Codie. "Using the app can help eliminate questions about when a student's bus will arrive at their stop by showing exactly where it is. This kind of real time data will assist students getting to school and parents get to work on time in the morning, and home in the afternoon."

Schools also use the app to track buses to the ramp in the morning and prepare for any last minute arrivals. In the afternoons, school staff can tell when all buses are at the ramp and ready for loading without having to go outside and then follow them as they deliver students back home.

Information about downloading and signing up for the app will be provided to parents as the school year starts. "While we can't wait for our parents



image provided

to use Where's the Bus, we do expect the districtwide rollout to take the first quarter of the year," said Codie. "We just ask for some patience during the first few months of school."

The app's security features only allow parents and guardians to track their students' bus.

WheresTheBus was tested in a pilot program in May at Heights Elementary. Parents gave it rave reviews and school staff found it extremely helpful. The success convinced the district to spend just \$35,000 a year to make the app available to all students and parents. The budget is set for tentative approval July 31 and final approval in September.

A short informational video on how to sign up for WheresTheBus will be posted on the district's YouTube page and Facebook page.✱

FSW Names Business Dean

Florida SouthWestern State College has named Dr. Debbie Psihountas as dean of the school of business and technology for the college. She will oversee the plans and execution of educational activities and programs for the school of business and technology.

Dr. Psihountas was most recently a professor of finance at Webster University in the Walker School of Business and Technology, and held several leadership positions over the years at Webster including MBA director, business department chair, interim chair of business and management programs at Webster's Geneva, Switzerland campus. She's also previously worked as adjunct faculty at several universities while also working full-time in the private sector. In 2012, she was named as an American Council on Education Fellow and worked with the president of Ball State University for the 2012-13 academic year. She has also previously held a number of sales, consulting and corporate leadership positions with organizations including NCR Corporation, Merrill Lynch and Procter and Gamble.

Psihountas has been recognized as a St. Louis Business Journal Most Inclusive Leader, a YMCA Women's Leader of the Year, a 2008 Woman of Achievement by the Hellenic Spirit Foundation at the University of Missouri



Dr. Debbie Psihountas photo courtesy FSW

St. Louis, and has been a grant recipient and commencement speaker in addition to holding a number of committee chair and other leadership roles. She earned her bachelor of science degree in international business, with honors, from Bowling Green State University, her master of business administration with a concentration in quantitative analysis from the University of Cincinnati, and her PhD with a major in finance and a minor in real estate from the University of Cincinnati.

Visit www.FSW.edu for more information.✱

School Board Looks To Approve Smaller Budget

The Lee County School Board recently gave its tentative approval for a \$1.44 billion dollar budget for the 2018-19 school year. The spending plan is smaller than the \$1.5 billion budget for last year because revenue is down and reserves are shrinking.

"We are in a position where we are going to continue to have to do more with less," said Chief Financial Officer Greg Blurton. "We must decrease expenditures to balance our budget."

For the first time in years, the property tax millage rate used to calculate the state and local funding for the Lee County School District has gone down. The 1.35 percent decline in the tax rate is providing the district \$5 million less in local contributions than last year. "The \$5 million less we received this year would have been enough for a 1 percent raise for every one of our employees," Blurton says.

The impact of Hurricane Irma is still being felt nearly a year later. Irma's damages to district facilities total more than \$31 million. Although the district expects to be partially reimbursed for damages through insurance and FEMA, it could take many more months, if not years. "When you combine that with our minimal increase in funding from the state, and the rising cost of healthcare,

we took a substantial hit to our reserves and fund balance going forward and expect the FY19 Budget to be stressed in all areas," said Superintendent Dr. Greg Adkins.

The district employed cost savings and efficiencies in every department to balance the budget. The district has saved over \$1 million in transportation costs, maintenance is being deferred, staffing levels were reevaluated and some vacant positions eliminated. The just returned efficiency audit by Gibson Consulting may also help to identify other cost saving measures.

Final budget approval is scheduled for September 11. The final numbers will change some as the 2017-18 budget is closed and remaining funds are carried over. Grants will also come in during the school year to help the bottom line and fund specific initiatives.✱

Dean's Awards

Fort Myers native Chloe Mansell and Cape Coral native Regine Cooper recently received the spring 2018 Dean's Award for academic excellence at Colgate University in Hamilton, New York.

Mansell is a graduate of Canterbury School and a member of the Colgate Class of 2019. Her current major is geography.

Cooper is a graduate of Dunbar High School and a member of the Colgate Class of 2019. Her current major is political science.✱

*Want a **better alternative** to joint or spine surgery?*

We'll review your MRI and case for FREE

to see if you qualify for regenerative joint and spine treatments.

*Our **specialists** have been helping patients prevent surgery since 1993!*

PROLOTHERAPY | PLATELET RICH PLASMA | STEM CELL THERAPY



9738 Commerce Center Ct.
Fort Myers, FL 33908

239.303.4069
CaringMedical.com

We are an out-of-network provider.

Benefits Of Snakes Addressed At CROW Lecture

by Jeff Lysiak

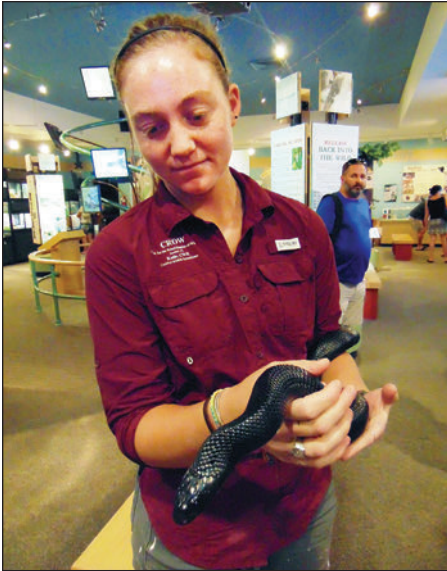
Last Tuesday morning, 20 people attended a half-hour lecture on Snakes of Southwest Florida, presented by intern Mathilde Vilcot and Certified Wildlife Rehabilitator Katie Mueller at the Clinic for the Rehabilitation of Wildlife (CROW). Their presentation focused on Florida's 46 species of native snakes, only six of which are venomous.

Throughout the PowerPoint presentation, Vilcot discussed the study of herpetology, snake biology and habitat, the difference between toxins and venoms, how to identify different species of snakes and why they are beneficial to humans and the environment.

"Studying herpetology is important because we can see the benefits to global ecology due to their sensitivity to environmental changes," said Vilcot, who also noted that snakes help with keeping other pests – including rats and insects – from destructing home gardens.

Snakes can also be used in the application of many medicines. Some snake venom contains a blood-clotting protein that can assist trauma victims (i.e. heart attacks and strokes) and post-op procedures. Also, enzymes from venom are currently being used to help treat people affected by Parkinson's and Alzheimer's diseases.

Vilcot also explained the difference between venoms and poisons, noting that



CROW Certified Wildlife Rehabilitator Katie Mueller holding Violet, an eastern indigo snake

photos by Jeff Lysiak

venom is injected via a bite or sting while a poison is transmitted through inhalation, ingestion or absorption.

Among the common snakes found in Southwest Florida, the coral snake looks very much like the scarlet snake or milk snake. A simple method for distinguishing the poisonous coral snake from the harmless look-alikes comes from a rhyme: "Red touches yellow, kills a fellow. Red touches black, safe for Jack."

Vilcot's lecture also addressed some of the other snakes found in the region, including the eastern diamondback rattlesnake, pygmy rattlesnake, black racer, common gartersnake, red ratsnake,



CROW intern Mathilde Vilcot, right, delivered last week's lecture

Everglades rattlesnake, ring-necked snake, pinesnake, cottonmouth, banded watersnake and coachwhip.

Throughout the presentation, Mueller held Violet, an eastern indigo snake who makes her home inside the CROW Visitor Education Center. The reptile is on loan from the Sanibel-Captiva Conservation Foundation (SCCF), which is conducting a breeding program on the species.

According to CROW, the eastern indigo snake is a large, non-venomous snake native to the southeastern United States and is the longest native snake species in the United States. Eastern indigo snakes have a number of common names

including indigo snake, blue indigo snake, black snake, blue gopher snake and blue bull snake. Because of habitat loss, the eastern indigo snake is listed as a federally threatened species in Georgia and Florida.

Like all snakes, the eastern indigo snake is carnivorous. It has been known to kill its prey by wildly beating it against nearby objects. Violet, however, is not fed live animals to prevent injury to the snake from this violent method of subduing its meal.

As a defensive behavior, the eastern indigo snake vertically flattens its neck, hisses and vibrates its tail. If picked up, it seldom bites. Due to its generally docile nature and attractive appearance, some people find it a desirable pet, although its protected status can make owning one – depending on the location – illegal without a permit.

Vilcot also talked about how CROW handles snake patients, which are most often seen after being struck by cars. She discussed admission, examination and diagnosis to treatment, monitoring, rehabilitating and release. Her presentation included several photographs of former patients at the clinic, one of which was a snake which had become stuck inside a hollow coconut and another affixed to a glue trap.

Following the lecture, audience members were invited to meet Violet and take pictures with her.

CROW's Snakes of Southwest Florida presentation will be offered again at the Visitor Education Center on Tuesday, August 14 and Tuesday, August 28 beginning at 11 a.m. on both dates. For more information about upcoming presentations at CROW, call 472-3644 or visit www.crowclinic.org.*



Gina Birch

photos provided

From page 1

Comedy Benefit

laugh for votes are:

- Gina Birch, radio-television personality and wine aficionado;
 - Dr. Michael Martin, Florida Gulf Coast University president;
 - Eric Raddatz, Fort Myers Film Festival founder and *Florida Weekly* presentation editor;
 - Amy Bennett Williams, *The News-Press* staff writer.
- Laughter Is the Best Medicine Comedy Night reportedly has the



Dr. Mike Martin with the FGCU mascot

greatest sponsorship support in its four-year history.

The Title/Presenting Sponsor is Mr. Greens Produce, a Miami-based produce distributor with a distribution center in Fort Myers that specializes in servicing restaurants, hotels, country clubs and other food service establishments.

The Showcase Sponsor is The Richard and Vicki Pitbladdo Foundation Fund, a fund of the Southwest Florida Community Foundation.

Other major sponsors are B&I Contractors, Bill Smith Appliances, Broadway Palm Dinner Theatre, Park



Eric Raddatz

Royal Hospital and T3 Communications as Headliner Sponsors; Leading Edge Benefit Advisors and Siesta Pebble, Inc. as Grand Finale Sponsors; and Lee County Sheriff's Department, Lykes Insurance, Millennium Physician Group and Altered Tattoo Company as Monologue Sponsors.

Florida Weekly and The News-Press Media Group are the media sponsors.

Funds raised at the event will be used to provide SalusCare outpatient psychiatry and therapy to children and adolescents in the area whose families can least afford it. One in 10 children



Amy Bennett Williams

has serious mental health problems severe enough to impair how they function at home, in school, or in the community, according to the National Center for Children & Poverty at Columbia University. Left untreated, mental illnesses can lead to more difficulty to treat illnesses and to the development of co-occurring disorders.

Broadway Palm Dinner Theatre is located at 1380 Colonial Boulevard in Fort Myers. For more information, contact Vice President of Public Relations Todd Cordisco at 791-1575 or at tcordisco@saluscareflorida.org.*

New Physicians Begin Training At Lee Health

Eight first-year family medicine residents started seeing patients as part of the Florida State University College of Medicine Family Medicine Residency Program at Lee Health on July 30. Based at Lee Memorial Hospital, the program was created to abate a national shortage of primary care physicians.

Lee Health is proud to welcome:

Kathleen "Katie" Dixon from Lake Mary, Florida
 Jerry Lanza from Belize
 Tatianna Pizzutto from Clearwater, Florida
 John Schmidt from Hattiesburg, Mississippi
 Miri Shlomi from Orange, Ohio
 Diana Sitar from Las Vegas, Nevada
 Tyler Spradling from Fort Myers Beach, Florida

• Renee Wong from Toronto, Canada

"This new class—the class of 2021—is academically strong and we are very excited to have them start their training with Lee Health," said Alfred Gitu, MD, director of the Family Medicine Residency program. "We are proud to welcome these eight physicians who are passionate about their training and about this program."

Medical school graduates are required to complete residency training



Front row from left, Katelyn Caldwell, program coordinator; Miri Shlomi, MD; Tatianna Pizzutto, MD; Kathleen Dixon, MD; Diana Sitar, DO; Back row from left, Alfred Gitu, MD, Family Medicine Residency program director; Jerry Lanza, MD; Tyler Spradling, DO; John Schmidt, DO; Gary Goforth, MD, former director of the Family Medicine Residency Program; not pictured, Renee Wong, MD photo provided

in their chosen specialty in order to become independently practicing physicians. Statistically, about 60 percent of residents will practice medicine in the same area in which they are trained.

The Lee Health program received more than 1,700 applications from U.S. medical students and physicians from around the world. This is the

second class of eight residents to join the program since it was approved for expansion and received Continued Accreditation with a 10-year cycle (longest possible interval) from the Accreditation Council for Graduate Medical Education (ACGME).

The Florida State University College of Medicine Family Medicine Residency Program at Lee Health takes residents

through 36 months of training, which is divided into four-week blocks. These rotations are completed at Lee Memorial Hospital, HealthPark Medical Center and Golisano Children's Hospital of Southwest Florida, as well as several community physicians' offices. The program began with its inaugural class in April 2014.*

Reduce Risk Of Falling At Balance Workshop

The Area Agency on Aging for Southwest Florida (AAASWFL) is partnering with Hope Healthcare to offer a free health and wellness program, A Matter of Balance, in Fort Myers. The eight-week workshop will be held at Hope Healthcare's HealthPark facility on eight consecutive Wednesdays from August 29 to October 17 from 1 to 3:00 p.m. The class is designed to help older adults manage their concerns about falling and improve their physical strength and balance.

Class size is limited and advance registration is required.

Falls are the leading cause of fatal injuries among seniors. According to the U.S. Centers for Disease Control, one in four seniors fall each year. High fall rates among older adults are the result of physiological changes, including a loss of balance, muscle strength and stability issues. Data from the Florida Department of Health indicates that falls accounted for 2.6 percent of senior deaths in Southwest Florida in 2016.

"A lot of older adults begin to limit their activity because they're afraid of falling," said Sherry Young, health and wellness coordinator at AAASWFL. "That leads to less independence and in many cases, poorer physical health.

A Matter of Balance helps restore that confidence and independence by reducing the risk of falling."

A Matter of Balance is an evidence-based program that emphasizes strategies to manage falls. Participants will increase their strength and balance, make changes to reduce fall risks at home, and set goals for increasing activity levels. Funding for A Matter of Balance is provided through the Older Americans Act title III-D and administrated through the Florida Department of Elder Affairs.

For more information or to register for the eight-week workshop, call Sherry Young at 866-413-5337 or email sherry.young@aaaswfl.org.

Hope Healthcare's HealthPark facility is located at 9470 HealthPark Circle in Fort Myers. For more information about AAASWFL, visit www.aaaswfl.org or call the toll-free Helpline at 866-413-5337 (866-41-ELDER).*

Free Autism Screening

Golisano Children's Hospital of Southwest Florida, in partnership with Ronald McDonald House Charities of Southwest Florida, will offer a free monthly autism spectrum disorder screening for toddlers 18 months to five years of age on the Ronald McDonald Care Mobile at the North Fort Myers Recreation Center on Friday, August 10 from 9:30 a.m. to 2 p.m.

It is estimated that one in every 68 children is diagnosed with some form of autism spectrum disorder, making it more common than childhood cancer, juvenile diabetes and pediatric AIDS combined.

Medical consultants for the project stress that an early diagnosis can make a vast difference for toddlers and their families. They say early intensive behavioral intervention can make an immense difference not just in the development of the child, but in their families as well.

The ASD screening is conducted by the Golisano Children's Hospital of Southwest Florida. The screenings are administered by an advanced registered nurse practitioner, who has extensive training and experience in typical child development and developmental disorders. A physician referral is not required.

The North Fort Myers Recreation Center is located at 2000 North Recreation Parkway in North Fort Myers. To schedule a screening, call 343-6838.*

From page 6

Arts Event

for the pets in art form. It should be a highlight to witness all the creativity in putting animals in art," Galloway said.

The deadline to enter the juried exhibit is Monday, September 3. The top judged pieces will be on display during the Animals and the Arts event Sept. 20, with

the top three in show being awarded a ribbon. All the pieces on display will be up for sale to the public, with GCHS earning a portion of the proceeds.

All pieces must be digitally submitted through the Animals and the Arts landing page, which can be found at www.artinlee.org/event/paws.

The *Rescue For Paws* educational documentary highlights several local animal rescue organizations. These rescue organizations will also be in attendance to talk about their cause. They will include: Fortunate Feral's (Lehigh Acres); GCHS Spay/Neuter Clinic; Empty Meow Corral (Naples); Dr. Robin Jenkins who was interviewed about the hazards when homeless pets meet wildlife; Erik Hoffer, who was interviewed about how kids who abuse animals at a young age can become violent as adults; and James Case, with his dog Gracie, who talked about how Gracie was rescued off the streets of Punta Gorda by animal control and was eventually trained as a search and rescue dog for Peace River K9 unit.

GCHS will also have several of its adoptable furry ambassadors at the event – although on-site adoptions will not be available – to make sure people can scratch their "love for animals" itch.

Tickets are \$20. Cost of admission includes hors d'oeuvres. A cash bar will also be available.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information or to purchase tickets, visit www.artinlee.org/event/paws.*

dearRPharmacist

St. John’s Wort, Serotonin And Depression



by Suzy Cohen, RPh

Dear Readers: St. John’s wort is a beautiful plant with yellow flowers known to ease depression. It’s banned in some countries though.

For a long time, “hypericin,” a compound in the

plant, was thought to help with the blues. However, scientists are noting that another compound in the plant called “hyperforin” plays an even bigger role.

St. John’s wort increases the activity of serotonin. But serotonin isn’t the be-all, end-all of happy brain chemicals. Some research suggests that depression is really tied to dopamine deficiency. If you’d like to understand more about that brain chemical, read my other article posted on my website. It’s called, Have You Stopped Enjoying Life? It Could Be Low Dopamine.

Selective Serotonin Reuptake Inhibitors are dubbed “SSRIs” and these medications increase serotonin activity in your brain. You know them as Prozac, Lexapro, Zoloft and others. Taking SSRI antidepressants along with St. John’s wort is dangerous, and the combination should be avoided.

It’s fascinating that St. John’s wort has anti-inflammatory properties similar to a popular drug called Celebrex. This is fascinating. Research has demonstrated that inflammatory chemicals in the brain are high in depressed patients. In fact, some researchers even believe that brain inflammation is the primary cause of depression, with the neurotransmitter changes coming later. It’s possible that this anti-inflammatory action of St. John’s wort could help with depression in addition to its ability to increase serotonin activity. Which reminds me of a

warning...

If you combine prescription antidepressants with St. John’s wort, it can be dangerous and may lead to “Serotonin Syndrome,” which is a medical crisis. Serotonin has to be in balance with other brain chemicals, so the message here is “more is not always better.” Symptoms of the syndrome include increased heart rate and blood pressure, fever, diarrhea and muscle rigidity. When severe, serotonin syndrome causes seizures, irregular heartbeat, faintness or unconsciousness, and even death.

There are allergies associated with any herb including this one. Finally, due to changes in your liver enzymes, be extremely careful with this herb (or preferably avoid it) if you take any of the following:

- Oral Contraceptives
- Warfarin
- Digoxin
- Theophylline
- Indinavir
- Cyclosporine

Treatment for severe depression is not as easy as popping a single pill, or an herbal remedy. St. John’s wort doesn’t even work well for severe cases.

If you’re feeling depressed, please make sure that you get professional help and make lifestyle or relationship changes, if necessary. Depression can lead to fatal consequences and should be taken seriously by everyone in the family. It is fleeting for some of you and life-long for others. Anhedonia and suicide are linked to severe depression. A friend of a friend committed suicide this past month, and I knew and liked him. I’m sad about this, and so I’m prompted to write this article today. Be sure to tell your loved ones and friends just how much you need them in your life. Treat everyone, even new acquaintances, with kindness. You have no idea what they’re suffering with. One kind word or special text can make all the difference to a person who is empty inside.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.**

Doctor and Dietician

Mediterranean Diet Reduces Bone Loss



by Ross Hauser, MD
and Marion Hauser, MS, RD

Bone loss becomes an increasing concern as we age, but a healthy diet can provide a simple way to deter bone loss. A new study in *The Journal of Clinical Nutrition* showed that consuming a Mediterranean diet may reduce bone loss in people with osteoporosis.

A Mediterranean diet is rich in fruit, vegetables, fish, olive oil, nuts and unrefined cereal. In the study, 1,142 people between the ages of 65 to 79 were followed for 12 months. Bone density was checked at the beginning and the end of the study. Although there was no discernable difference in the study, participants with normal bone density, those who

had osteoporosis, showed an increase in bone density at the femoral neck, or shaft of the thigh bone. That is a particularly neat result since it is the area of the hip joint commonly involved in hip fractures in elderly people with osteoporosis.

People with osteoporosis lose bone at a much faster rate than those who do not. Therefore, if osteoporosis can be slowed down by following this diet, people at higher risk have an excellent reason to improve their eating habits. We’re not surprised that following a healthy, fresh food diet and eliminating processed foods brings about great results. The researchers in this study are also encouraged and interested in conducting even longer studies to confirm these results, as well as investigate other benefits this diet may have on additional areas of the body. We already know through our clinical experience and other medical research that the Mediterranean diet is beneficial for conditions such as cardiovascular disease, cancer, Parkinson’s and Alzheimer’s disease. Our daily food choices have far-reaching effects from our physical and mental health to social and environmental factors. Never underestimate the power of food.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.**

Webpage On Algae Response Provides Updates

Lee County recently launched a webpage that will allow residents, property owners and businesses to keep up to date on the response to red tide in the Gulf of Mexico and blue-green algae in the Caloosahatchee and area canals.

To review the page, visit www.leegov.com/waterqualityinfo. The page includes timelines and project updates for both Lee County’s Algae Cleanup Test Project and the Red Tide Beach Cleanup. A map shows the location of dumpsters where residents can drop off fish killed by red tide.

There are also helpful links included to Lee County municipalities and state agencies such as the Department of Health, Department of Environmental Protection and the Fish and Wildlife Conservation Commission.*

Beautifulife:

Meaningful Moments



by Kay Casperson

Are you making your moments meaningful and memorable? What are you spending your time on and who are you spending your time with?

It is so easy to get caught up in life and everything getting thrown our way, but we’re also given many special moments, every single day, to enjoy ourselves and the company of the ones we love. What a difference it makes when you focus on

finding those daily opportunities to make every moment meaningful and memorable.

Here are some affirmations to help you make the best of each and every moment in your life.

I Choose To Make Every Moment Meaningful And Memorable

Whether you’re at work, play, home or away, make a choice to make the most of every moment. Remember, life is short and moments pass quickly. Making a conscious decision to evaluate how and with whom you spend your time will make an amazing difference in how happy and fulfilled you feel. When I’m at church, for example, I like to take notes about the message of the day and how it relates to my life. Doing this gives my worship time much more meaning, but it also inspires me for the week ahead.

I Feel Happy And Fulfilled When I’m Doing What I Love

I love what I do, and when I am focused on my business, I am always learning new

things, asking questions, giving advice and seeking new ways to make things better; it’s a constant evolution and I find great fulfillment in constantly growing and getting better at what I love to do. Whether you’re on the job or working on a favorite hobby, I encourage you to put all of your creativity, inspiration, knowledge and education to the test in finding new ways to learn more. Don’t just finish the task at hand and move on to the next – immerse yourself in being the best you can be.

I Treasure The Time I Spend With The People Who Are Most Important To Me

My children and husband know how many things I’m juggling every day, especially during the week, so when I can give them 100 percent of my attention and focus, it makes all of us appreciate it so much more – even if it’s just a few minutes of talking and catching up before we all have to rush out the door. When we do have opportunities to spend lots of time

together, I make sure I’m not distracted and I’m completely focused on them so that I can listen, connect and be totally present in those beautiful family moments. When you’re with the ones you love and care about, it’s so important for them to know that you’re fully engaged with them; it creates more meaningful, memorable relationships, and they will respect and appreciate it all the more when you can give them your full attention and understanding as well as your time.

So make every single moment count, and if you do, you’re certain to live a more meaningful, memorable and beautifulife.

*Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.**

PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

Cindy And Tiny

Hello, my name is Cindy. I am a 4-year-old female domestic medium hair who is a soft loveable cat that will sit by your side to get your devotion. I am friendly with other cats, but will walk with a confidence to get your attention.



Cindy ID# A745406

I stand out from the rest because I am very photogenic and never shy. I will make a purrrfect pet for you.

My adoption fee is \$10.

Hi, I'm Tiny. I am a miniature gal that is an 8-year-old female chihuahua who can go anywhere with you. I am loyal to my owner and will protect the hand that feeds me. If you are looking for one-on-one love with your new companion, I am the perfect fit.

I am of a small breed, but do not underestimate my fun size.

My adoption fee is \$25.

For the entire month, adoption fees will be

reduced to just \$10 each day for a different "category." Manly Mondays – all male cats; Tabby Tuesdays – all tabby cats; Woman Wednesdays – all female cats; Tuxedo Thursdays – all black and white cats; Flashy Fridays – highlighting long-term residents; and Stately Saturdays – all senior cats. The adoption package includes spay or neuter, microchip, up-to-date vaccinations, county license and a 10-day health guarantee. That package is valued at \$500. The team of volunteers and staff are waiting to introduce a new family member to their forever home. Check the website to be sure pets are still available.



Tiny ID# A747245

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.✱

PAWS Of Sanibel

Matilda And Capie

Hi, my name is Matilda. My foster mom calls me Tilly for short. I'm about 11 months old and was lost in the area of East Lake Road, off Casa Ybel late last Friday night, August 3. Some kind people took me in for the remainder of the night.



Matilda

On Saturday morning, the lady from PAWS took me over to Coral Veterinary Clinic in Fort Myers to have them look me over. I have been combo tested (negative), had FVRCP and Rabies immunizations and was treated for fleas. I did not have a microchip. If PAWS can't find my people, I will be available for adoption in about two weeks. If I am your kitty, or you know who my people are, please call Pam at PAWS at

472-4823. You can also call if you're interested in meeting me and perhaps giving me a new forever home if my people can't be located.

Hello, I'm Capie. I was just born on June 2, so I'm only 9 weeks old. Some great kids on vacation at South Seas Island Resort on Captiva found me on the side of the road on July 9 and took me to PAWS. I was very tiny back then. I've been going to the vet for checkups and immunizations, etc. I'm now up to 2 pounds, 7 ounces. I'm told that I'm a pretty handsome guy. My fur is kind of blue/gray, and I have interesting eyes and eyebrows. I love to run and chase golf balls and climb on cat trees. I would be very happy if someone would adopt me and take me to my forever home. Call Pam at PAWS at 472-4823 and come meet me.✱



Capie

Haven on Earth Animal League

Charlie Brown And Paige

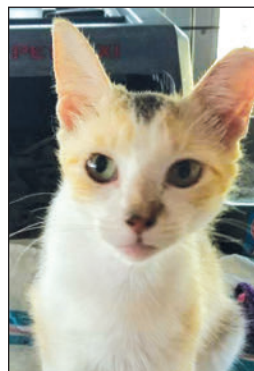
Hi! I'm Charlie Brown. I am a handsome, 4-year-old male tabby with a very sweet personality. I am looking for a quiet home with someone who wants to give me lots of affection. I'm currently living with a foster family. I have been fully vetted and brought up to date on all vaccines. My adoption fee is \$75.



Charlie Brown

Hello, I'm Paige. I am a beautiful, calico

female kitty, not even 2 years old. I am very affectionate, and I even get along with friendly dogs. I have been fully vetted and brought up to date on all vaccines. I tested positive for FIV, but I'm told that I can still live a long, happy life once I find my forever home. I am currently staying with a foster mom and am not real crazy about the other cats in the house, so I would like to be an only cat. My adoption fee is \$75.



Paige

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email haveneearthanimalleague@yahoo.com.✱

THE RIVER WEEKLY NEWS

Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: press@riverweekly.com

PUZZLES

Answers on page 29

Super Crossword

SUPERMARKET OPENINGS

- ACROSS**

1 Really hurt

5 Sauce brand

9 A Nixon daughter

15 Hacking it

19 Alan of film

20 "... hear — drop"

21 Showing on television

22 Move heavily

23 Krispy Kreme treats

25 Campbell's product

27 "— vincit amor"

28 Left dreamland

30 Ireland's — Lingus

31 China's Mao — -tung

32 Aficionado

33 Sorrow

36 Longtime "Family Circus" cartoonist

38 Entertainer Merman

40 Kellogg's cereal

42 "Pep O Mint" brand

44 Whoop

45 Tall buildings

47 Bowl stats

48 Times to remember

51 HP or Acer products

53 With 72-Down, purring pet that doesn't go outside

55 River of Aragon

59 Stadium snacks

63 Attach, as a sequin

65 Bull battler

66 Objectivist

67 Ayn

69 Course: Abbr.

70 "Ran" director

71 It's baked in a tube pan

73 Marine milieu

75 Advent mo.

76 Hoity- —

78 Mata — (Garbo role)

79 Run, as an art exhibit

80 New Jersey borough east of Paramus

82 They're often pimientito-stuffed

84 End of a 1/1 song

85 Strip, in a way, as shrimp

88 Some drops on crops

89 Untidy state

90 Extra charge

92 Generational disparity

95 Church part

97 Deep-fried side

101 Trattoria entree

106 "You got it!"

107 Orthodox beginning?

108 19-season Yankee

109 Succor

110 TGIF's "I"

111 Fond du —, Wisconsin

113 Big name in drug indexes

114 Chose (to)

116 Ingredient in a Cuban sandwich

120 Supermarket chain only selling items like the 10 featured in this puzzle?

123 Leaning Tower locale

124 Banish

125 Liveliness

126 Ballet wear

127 Director Preminger

128 Potato chips, in London

129 Cuts, as logs

130 "Hold it!"

DOWN

1 Fraud figure

2 Slugger

3 Roberto

4 "Search me"

5 Oversight

6 Kwik-E-Mart operator

7 1980s brand of jeans

8 Like dirty floors

9 To-do list

10 Fully mature

11 Writer Levin

12 Camel, e.g., for short

13 Gulp down quickly

14 "Permit Me Voyage" author

15 Relevant

16 Joyous

17 Less binding

18 Ford flops

24 Hurry

26 Walk along

29 — buco (Italian dish)

34 NFL luminary

35 "La — Vita"

36 Emu or owl

37 In the event that it's true

39 RCA product

41 Pearl producer

42 SLR's "L"

43 Treasured violin, in brief

46 #1 hit for the Troggs

48 Spanish political units

49 Breeding colony of penguins

50 Eritrean, e.g.

52 Proud walk

54 Sheriff Taylor's son

56 Rob (of)

57 Spins

58 Fusing result

60 Ramble on

61 Madcap

62 Get finished

64 Capital of South Korea

67 NFL's Starr

68 Did slaloms, say

71 Digestion aid

72 See 53-Across

74 Yalta's peninsula

77 Less young

79 It may hold Holsteins

81 Clear up, as a mirror

82 Slapstick fight missiles

83 "Strawberry Wine" singer

86 Windmill part

87 Kellogg's cereal

91 Hydroxyl compounds

93 On — with

94 Settles (on)

96 Parody

97 San Luis —

98 Dodo

99 Demand

100 Six- — (sub shop sandwich)

102 Inventor Tesla

103 Didn't play in the game

104 Linked with

105 Tallies

108 Bumps into

112 "T.N.T." rock band

113 No. on a new car's sticker

115 Paunches

117 — Tomé and Príncipe

118 Commercial start for Pen

119 Series of Canon cameras

121 Trial concern

122 Jr. officer

1	2	3	4		5	6	7	8		9	10	11	12	13	14		15	16	17	18		
19					20					21							22					
23					24					25							26					
27								28		29					30				31			
32					33	34	35						36	37			38	39				
40					41								42				43					
					44					45		46					47					
48	49	50			51		52			53					54			55	56	57	58	
59					60				61	62					63		64					
65							66						67	68					69			
70							71						72					73	74			
75					76	77						78					79					
80					81					82					83							
84						85		86	87					88				89				
					90	91			92				93	94		95		96				
97	98	99						100					101		102					103	104	105
106							107					108								109		
110						111	112											114	115			
116						117									120		121	122				
123						124									125					126		
127						128									129					130		

King Crossword

- ACROSS**

1 They may be proper sub-jects

6 Distorted

12 Circus tent

13 Utica's county

14 Mistreat

15 Cat in 9 Lives commercials

16 Antelope's playmate

17 Rowing team

19 Biblical verb suffix

20 Take heed of

22 Profit

24 Air safety org.

27 History chap-ters

29 Inauguration recitation

32 "The Gold Bug" author

35 Policy expert

36 Stead

37 Gender

38 Item for 17-Across

40 Genesis cre-ator

42 Billboards

44 Camel feature

46 — podrida

50 Second of two

52 Acre's acres?

54 Hateful

55 Original

10 Tend texts

11 T, in Morse code

12 Auction action

18 True-to-lifestyle

21 "— the ram-parts ..."

23 Plenty of time?

24 Not many

25 Commotion

26 Doubter

28 Dormant

30 Pirouette

31 Whammy

33 Alias abbr.

34 Summertime mo.

39 Watery dis-charge

41 Heart line

42 Oodles

43 Arp's art

45 — Major

47 Den

48 Tax

49 Hearty brew

51 Excessively

53 Bando of baseball

DOWN

1 Cleo's river

2 Lecher's look

3 One-eighty

4 Ph. bk. data

5 Ghostly

6 One or more

7 Famous

8 Always, in verse

9 Bugs

100 Six- — (sub shop sandwich)

102 Inventor Tesla

103 Didn't play in the game

104 Linked with

105 Tallies

108 Bumps into

112 "T.N.T." rock band

113 No. on a new car's sticker

115 Paunches

117 — Tomé and Príncipe

118 Commercial start for Pen

119 Series of Canon cameras

121 Trial concern

122 Jr. officer

MAGIC MAZE ● THINGS WE SPIN

P L Q N K H E B Y V S P M J H

E B L Y V T Q O B L I G D B Y

W T R A L P M K A I F D B Y W

U S Q O B A M K S S L I F D B

Z X W U S G R Q E O L S N L L

J H F Y P D N I B C A N B E A

Y E N A L P R I A W B I V E T

S Q P R A O S E L T T O B H W

N L K N T Y P I L W O C H W F

E C B S E O O S D R O C E R Z

Y K L I S Y T W V U F B S R Q

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Airplane

Baseball

Bottles

Bowling ball
- Coins

Football

Lariat

Plates
- Records

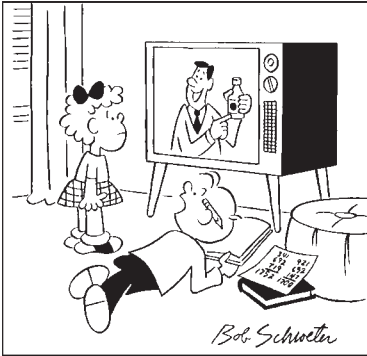
Silk

Stories

Tops
- Webs

Yarns

Yo-yo



"I think the law makes 'em have commercials — otherwise, we'd never get our _____ done."
answer on page 29

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Decay
 Hirewt
 Guard
 RalpOT
 Figure
 Conker
 Means
 Hotmed

TODAY'S WORD

		9		6		2		
	2				3		7	
5			9					8
3				1		9		
		7			2			6
	9		7				4	
6					4		9	
		4	8			6		
	1			7				5

SUDOKU

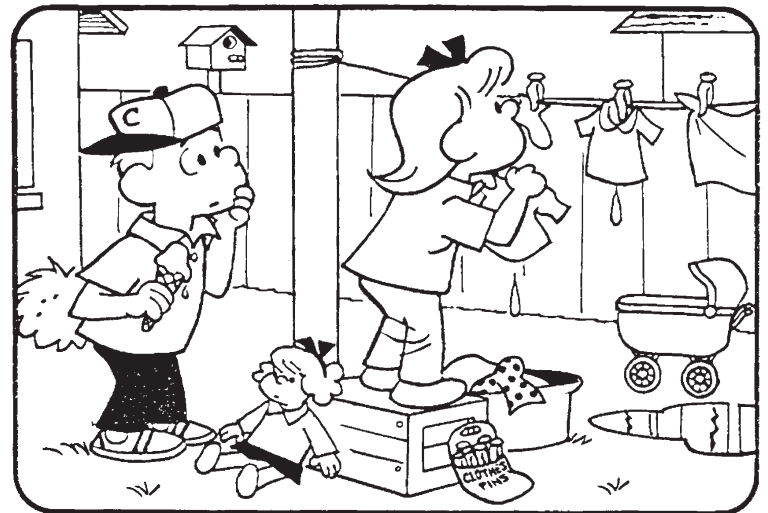
To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

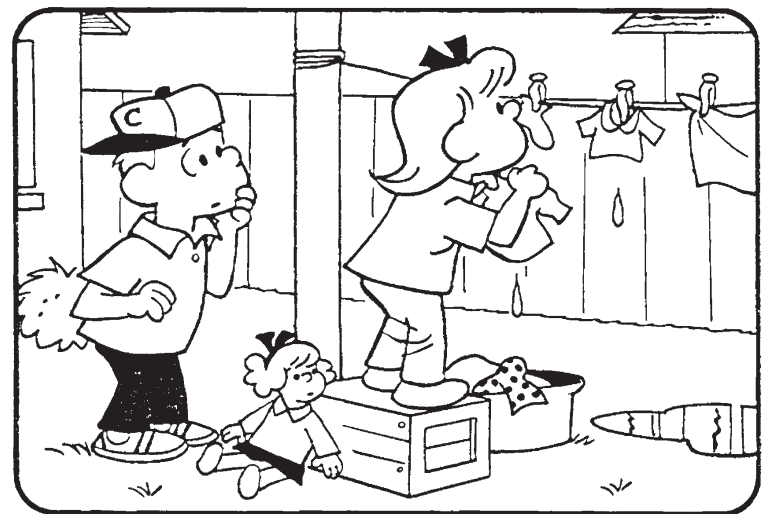
answer on page 29

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Birdhouse is missing. 2. Cone is missing. 3. Doll's head is turned. 4. Clothespin bag is missing. 5. Dress is smaller. 6. Carriage is missing.



Mango Sweet And Sour Rock Shrimp

2 pounds rock shrimp, peeled
 1/2 cup catsup
 1/2 cup orange marmalade
 3 tablespoons red wine vinegar
 1 tablespoon soy sauce
 1 tablespoon lemon juice
 2 teaspoons Dijon mustard
 1 teaspoon prepared horseradish
 1/4 teaspoon curry powder
 1 cup mango, diced
 Add shrimp to boiling water and cook for 2 minutes; drain well and set aside. Combine remaining ingredients in a saucepan; heat until bubbling. Stir in cooked shrimp and serve.

Yield 6 servings.*



Mango Sweet and Sour Rock Shrimp

photo courtesy Fresh From Florida

	FRIDAY Mostly Cloudy High: 89 Low: 82		SATURDAY Mostly Cloudy High: 92 Low: 84		SUNDAY Sunny High: 94 Low: 85		MONDAY Mostly Cloudy High: 90 Low: 83		TUESDAY Mostly Sunny High: 89 Low: 82		WEDNESDAY Partly Cloudy High: 92 Low: 84		THURSDAY Few Showers High: 90 Low: 83
--	--	---	--	---	--	---	--	---	--	---	---	---	--

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	2:30 am	5:30 am	12:25 pm	7:54 pm	Fri	1:35 am	5:32 am	11:30 am	7:56 pm	Fri	1:25 am	6:11 am	12:39 pm	8:00 pm	Fri	4:40 am	8:46 am	2:35 pm	11:10 pm
Sat	3:01 am	6:27 am	1:19 pm	8:36 pm	Sat	2:06 am	6:29 am	12:24 pm	8:38 pm	Sat	2:17 am	7:35 am	1:44 pm	8:53 pm	Sat	5:11 am	9:43 am	3:29 pm	11:52 pm
Sun	3:28 am	7:24 am	2:12 pm	9:15 pm	Sun	2:33 am	7:26 am	1:17 pm	9:17 pm	Sun	3:06 am	8:39 am	2:47 pm	9:38 pm	Sun	5:38 am	10:40 am	4:22 pm	None
Mon	3:53 am	8:20 am	3:05 pm	9:51 pm	Mon	2:58 am	8:22 am	2:10 pm	9:53 pm	Mon	3:51 am	9:35 am	3:49 pm	10:18 pm	Mon	6:03 am	12:31 am	5:15 pm	11:36 am
Tue	4:19 am	9:19 am	3:58 pm	10:24 pm	Tue	3:24 am	9:21 am	3:03 pm	10:26 pm	Tue	4:29 am	10:24 am	4:44 pm	10:54 pm	Tue	6:29 am	1:07 am	6:08 pm	12:35 pm
Wed	4:48 am	10:22 am	4:55 pm	10:56 pm	Wed	3:53 am	10:24 am	4:00 pm	10:58 pm	Wed	5:05 am	11:09 am	5:31 pm	11:28 pm	Wed	6:58 am	1:40 am	7:05 pm	1:38 pm
Thu	5:20 am	11:31 am	6:02 pm	11:28 pm	Thu	4:25 am	11:33 am	5:07 pm	11:30 pm	Thu	5:40 am	11:54 am	6:15 pm	None	Thu	7:30 am	2:12 am	8:12 pm	2:47 pm

PROFESSIONAL DIRECTORY

FINANCIAL SERVICES

THE RIGHT INVESTMENTS IN YOUR IRA CAN MAKE ALL THE DIFFERENCE.

Jennifer L Basey
Financial Advisor

42 Barkley Circle, Suite 1
Fort Myers, FL 33907
239-931-4543

To learn about the benefits of an Edward Jones IRA, call or visit today.

www.edwardjones.com Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

GENERAL CONTRACTOR

D.BROWN
GENERAL CONTRACTORS LLC

CGC1517615

BBB
A BBB Accredited Business with an "A" Rating

NEW CONSTRUCTION & REMODELS

239-593-1998 | www.dbrowngc.com

CONSTRUCTION/REMODELING

COOPER
CONSTRUCTION

Custom Homes & Remodeling Specialists
We can design, build and manage any endeavor you can dream up.

239.454.5699
cooperconstruction@embarqmail.com
Kerry Cooper • An Island Business Since 1982 • License # CBC1255742

TREE TRIMMING, ARBORIST

Arbor Specialist Since 1995

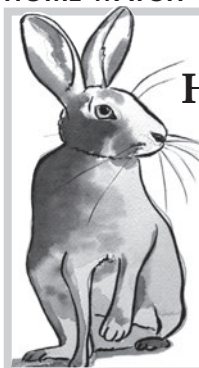
TREE WEST

• Tree Trimming • Tree Removal
• Stump Grinding

239-910-3256
info@treewestfl@gmail.com
www.treewestflorida.com
P.O. Box 564, Sanibel, FL 33957
Licensed, insured, workers compensation

"Tell A Friend"

HOME WATCH



Rabbit Rd. Home Watch Service

An affordable Home Watch Service based on Sanibel Island. We are licensed, insured, bonded and members of the National Home Watch Association.

239-558-5733
rabbitrdmgt@gmail.com
www.RabbitRoadMgt.com

HOME SERVICES

YARD SERVICE • TREE SERVICE • POOL SERVICE
HOME WATCH • CLEANING SERVICE



JUERGEN SCHREYER
OWNER

ISLAND HOME SERVICE
P.O. Box 1050 • SANIBEL • FLORIDA 33957
WWW.ISLANDHOMESERVICE.COM
INFO@ISLANDHOMESERVICE.COM
PHONE: (239) 472-5247 • CELL: (239) 229-6366

CONTRACTOR



Surfside Home Improvements Aluminum & Remodeling




- Bathrooms • Kitchens
- Lanai Enclosures
- Windows • Screen Rooms • Decks
- Railings • Safety Tubs • Doors
- Add a Room or Garage
- Outdoor Kitchens • Storm Shutters
- and Much More

\$500. OFF WITH AD
cbc1261010
239-936-0836
Family owned, 40 Years Local

ELECTRICAL

J.T.E. ELECTRIC

SERVICE • RESIDENTIAL • COMMERCIAL • REMODEL

Brady J. Rees
Generator and Service Expert
T | 239-368-9511
C | 239-980-1596

STANDBY POWER
Authorized Dealer
Lee, Collier, Hendry, Charlotte, Sarasota Counties
Lic.# EC-13002460

generator@jteelectricinc.com
204-B Waldo Avenue,
Lehigh Acres, FL 33971

FISHING CHARTER

Light Tackle Sport Fishing
Tarpon • Snook • Redfish & More

CAPT. MATT MITCHELL



USCG Licensed & Insured

C: (239) 340-8651
www.captmattmitchell.com
email: captmattmitchell@aol.com

BUILDING & REMODELING

Devereaux, Inc.

PROFESSIONAL BUILDING & REMODELING

Your Assurance Of Quality

SEE OUR WEBSITE
www.DevereauxHomes.com
Click On "OUR WORK"
Call For Consult 239-945-1002

CLEANING SERVICES



Professional Cleaning Services

Residential & Commercial
Construction Clean Up
Interior Windows
Home Watch

Jennifer Watson
(239) 810-6293
brightntidy@gmail.com
Licensed & Insured

PUZZLE ANSWERS

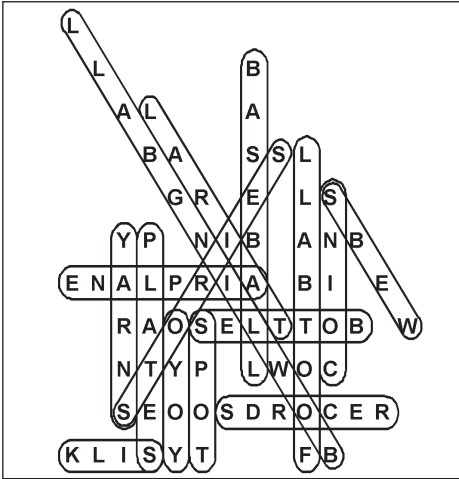
SUPER CROSSWORD

M	A	I	M	R	A	G	U	T	R	I	C	I	A	A	B	L	E		
A	L	D	A	A	P	I	N	A	I	R	I	N	G	A	P	L	O	D	
D	O	U	G	H	N	U	T	S	S	P	A	G	H	E	T	T	I	O	S
O	M	N	I	A	A	W	O	K	E	A	E	R	T	S	E				
F	A	N	S	A	D	N	E	S	S	B	I	L	E	T	H	E	L		
F	R	O	T	L	O	O	P	S	L	I	F	E	S	A	V	E	R	S	
E	R	A	S	P	C	S	I	N	D	O	O	R	E	B	R	O			
S	O	F	T	P	R	E	T	Z	E	L	S	P	A	S	T	E	O	N	
T	O	R	E	R	O	R	A	N	D	B	S	I	D	E	R	T	E		
A	K	I	R	A	B	U	N	D	T	C	A	K	E	O	C	E	A	N	
D	E	C	T	O	I	T	Y	H	A	R	I	C	U	R	A	T	E		
O	R	A	D	E	L	L	P	I	T	T	E	D	O	L	I	V	E	S	
S	Y	N	E	D	E	V	E	I	N	D	E	W	M	E	S	S			
O	N	I	O	N	R	I	N	G	S	P	E	N	N	E	P	A	S	T	A
B	I	N	G	O	N	E	O	M	A	R	I	A	N	O	A	I	D		
I	T	S	L	A	C	M	E	R	C	K	O	P	T	E	D				
S	W	I	S	S	C	H	E	E	S	E	H	O	L	E	F	O	O	D	S
P	I	S	A	D	E	P	O	R	T	E	L	A	N	T	U	T	U		
O	T	T	O	C	R	I	S	P	S	S	A	W	S	S	T	O	P		

KING CROSSWORD

B	I	G	T	O	P				S	K	E	W	E	D					
I	L	L	U	S	E				M	O	R	R	I	S					
D	E	E	R						C	R	E	W		E	T	H			
F	A	A							E	R	A	S		O	A	T	H		
E	D	G	A	R	A	L	L	A	N	P	O	E							
W	O	N	K						L	I	E	U		S	E	X			
A	D	S							H	U	M	P		O	L	L	A		
L	A	T	T	E	R				I	S	R	A	E	L					
O	D	I	O	U	S				N	A	T	I	V	E					
T	A	C	O	M	A				G	L	A	R	Y						

MAGIC MAZE



SUDOKU

7	3	9	1	6	8	2	5	4
8	2	6	5	4	3	1	7	9
5	4	1	9	2	7	3	6	8
3	6	8	4	1	5	9	2	7
4	5	7	3	9	2	8	1	6
1	9	2	7	8	6	5	4	3
6	8	5	2	3	4	7	9	1
9	7	4	8	5	1	6	3	2
2	1	3	6	7	9	4	8	5

My Stars ★★★★★

FOR WEEK OF AUGUST 13, 2018

Aries (March 21 to April 19) There might still be some uncertainty about the decision you made. But a quick check of the facts should reassure you that you're doing the right thing.

Taurus (April 20 to May 20) The tidy Taurean needs to be a little more flexible about accepting some changes to those carefully made plans. You might be pleasantly surprised by what follows.

Gemini (May 21 to June 20) Consider stepping away from your concentrated focus on your new project for a bit so you can get some perspective on what you've done and where you plan to take it.

Cancer (June 21 to July 22) The understandably angry Crab might not want to accept the reason why someone might have tried to hurt you. But at least you'll have an insight into why it happened.

Leo (July 23 to August 22) There might be some facts you still need to know before leaping onto center stage. Best to move carefully at this time so that you can observe what's happening around you.

Virgo (August 23 to September 22) It's a good time to expand your outlook by getting out and around, whether you do some long-range traveling or just explore the great things to see closer to home.

Libra (September 23 to October 22) Your wise counsel continues to be needed as that family situation works itself out. Meanwhile, the decisions you made on your job begin to pay off quite nicely.

Scorpio (October 23 to November 21) Your job situation brightens thanks to all your hard work. Now, spend some time repairing a personal relationship you might have neglected for too long.

Sagittarius (November 22 to December 21) Aspects favor action in the workplace. Line up your facts and show your superiors why you're the one they're looking for.

Capricorn (December 22 to January 19) Your hard work pays off on the job. Personal relationships also can benefit from more of your time and attention. Spend the weekend with loved ones.

Aquarius (January 20 to February 18) Early feedback on your project might be disappointing. But don't be discouraged. Use it to make needed adjustments, then

submit it to your superiors again.
Pisces (February 19 to March 20) Flattery could lure the otherwise sensible Fish into making an unwise decision. Be careful. All that praise might be an attempt to reel you in before you can learn the facts.

Born This Week: You have a wonderful sense of who you are. You are a shining example to others, helping them believe in themselves and what they can do.

THIS WEEK IN HISTORY

• On Aug. 18, 1590, 100 colonists are discovered to be missing from the Roanoke Island colony in present-day North Carolina. The only clue to their disappearance was the word "CROATOAN" carved into the palisade built around the settlement.

• On Aug. 19, 1812, during the War of 1812, the U.S. Navy frigate Constitution defeats the British frigate Guerriere. Witnesses claimed that the British shot merely bounced off the Constitution's sides, as if the ship were made of iron. Since 1934, *Old Ironsides* has been based at the Charlestown Navy Yard in Boston.

• On Aug. 15, 1859, Charles Comiskey, namesake of Chicago's Comiskey Park, is born in Chicago. Comiskey became the first and only baseball player to later own a team, the White Sox.

• On Aug. 14, 1933, a devastating 267,000-acre forest fire is sparked in the Coast Range Mountains in northern Oregon. An official investigation found that the fire stemmed from friction produced when loggers dragged a large Douglas-fir log across a downed tree.

• On Aug. 13, 1948, U.S. and British planes airlift a record 5,000 tons of supplies into occupied Berlin. The huge resupply effort was carried out in weather so bad that some of the 700 pilots referred to it as "Black Friday."

• On Aug. 16, 1955, famous entertainer and civil-rights activist Paul Robeson loses his court appeal to force the Department of State to grant him a passport. It had insisted that Robeson first sign an affidavit declaring he was not a member of the Communist Party. Robeson had refused.

• On Aug. 17, 1987, Rudolf Hess, Nazi leader Adolf Hitler's former deputy, is found strangled to death in an apparent suicide in Spandau Prison in Berlin. At 93, Hess was the last surviving member of Hitler's inner circle and the sole prisoner at Spandau since 1966.

STRANGE BUT TRUE

• It was poet, philosopher and satirist Horace, who lived in the first century B.C., who made the following sage observation: "He who postpones the hour of living is like the rustic who waits for the river to run out before he crosses."

• Legislators in Vermont once found it necessary to outlaw whistling while underwater.

• If someone were to ask you to name the sunniest spot on Earth, you might be tempted to answer "the Sahara Desert" or some other such exotic place. You would be wrong, though; that distinction belongs to a town right here in America. Out of the possible 4,456 daylight hours each year, the sun shines for an average of 4,050 in Yuma, Arizona. That means that there's cloud cover or rain for only about 10 percent of the time there.

• You might be surprised to learn that, according to those who study such things, Alaskans eat twice as much ice cream per capita than the rest of the nation.

• Those who have the time to study such things claim that the most difficult small object to flush down a toilet is a ping-pong ball.

• In 2010 a new species of slug was discovered in the mountains of Borneo. It is distinguished from other species of slug by its novel method of mating: It shoots its mate with a so-called love dart made of calcium carbonate and containing hormones. The researchers nicknamed the gastropods "ninja slugs."

• Other than the fact that they're all performers, what do Darryl Hannah, Telly Savalas, James Doohan and Jerry Garcia have in common? They are (or were) missing one finger.

THOUGHT FOR THE DAY

"We must believe in luck. For how else can we explain the success of those we don't like?" – Jean Cocteau

SCRAMBLERS

1. Wither;
2. Patrol;
3. Reckon;
4. Method

Today's Word
HOMEWORK

TRIVIA TEST

1. **Food & Drink:** What ingredient is added to sugar to make it brown sugar?
2. **Currency:** Which historical figure featured on a \$100 bill was NOT a president?
3. **Geography:** How many countries border Germany?
4. **Games:** Who invented the game of roulette?
5. **Animal Kingdom:** On which continent would you find a dingo, a wild dog?
6. **Famous Quotations:** What American industrialist once said, "Formula for success: rise early, work hard, strike oil"?
7. **History:** Who was the last queen of France?
8. **General Knowledge:** How long did the Pony Express deliver mail in the United States?
9. **Science:** What is the filament in an incandescent light bulb made of?
10. **Movies:** Which Disney movie features a character named Cruella de Vil?

TRIVIA ANSWERS

1. Molasses
2. Benjamin Franklin
3. Nine months
4. French mathematician Blaise Pascal
5. Australia (or Oceania)
6. J. Paul Getty
7. Marie Antoinette
8. 1860-61 (18 months)
9. Tungsten
10. 101 Dalmatians

★ ★ ★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★ ★ ★

REAL ESTATE

GARCIA REAL ESTATE AND CONSULTING



**RICHARD J. GARCIA, GRI,
BROKER
239-472-5147**

garciaonsanibel.com
Offering Personal, Private, and Professional Real Estate Services on Sanibel and Captiva Islands. 30 Year Resident of Sanibel. Licensed in Florida, New York, Pennsylvania and New Jersey.

4/29 ★ TFN

COMMERCIAL RENTAL

COMMERCIAL UNIT FOR RENT

East End of Sanibel in Punta Ybel Plaza. Perfect for Office or Small Retail. Call Dee at 472-0121, leave a message.

7/13 ★ TFN

WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom, Approx. 1,000 sq. feet. This was Molnar Electric's old office. Call Judy at 239-851-4073.

8/5 ★ TFN

To advertise in the *Island Sun* and *The River Weekly News* Call 395-1213

VACATION RENTAL



Cottages To Castles
Unique Vacation Rentals

2427 Periwinkle Way
Sanibel, FL 33957
Local: (239) 472-6385
Toll Free: (800) 472-5385
Fax: (239) 472-5858
www.cottages-to-castles.com

1/26 ★ TFN

Island Vacations

Of Sanibel & Captiva
Million \$ Views Await You!
• Cottages • Condos • Homes •
Miles of Beaches & Bike Paths
239-472-7277
1-888-451-7277

1/4 ★ TFN

SEASONAL RENTAL

CLOSE TO BOWMAN'S BEACH

3 BR/2BA, fully furnished and equipped, large screened porch, garage. Community pool and tennis. Monthly rental minimum. For more info please email: sblcottages@gmail.com.

6/29 ★ 9/14

ANNUAL RENTAL

ANNUAL RENTAL SANIBEL

2B/1BA
\$900 plus utilities.
Call 603-801-1994.

8/3 ★ 8/24

SANIBEL ANNUAL RENTAL

Canal front home 3 bedrooms, 2 bath pool home in Shell Harbor – close access to the beach and causeway on the East End of Sanibel. Perfect location – \$3,800 per month. Call or text Rose at 239-851-5188.

7/27 ★ TFN

A+ ANNUAL RENTALS ON SANIBEL!

2/1 apt on quiet Main Street. 1,800/mo Dogs okay.
2/2 apt on Sand Pebble. 2,000/mo Dogs okay.
Call Bridgit @ 239.728.1920

8/10 ★ TFN

ANNUAL RENTAL

ANNUAL RENTAL

JUST OFF ISLAND
Rarely available, this well cared for 1 BR/1 BA, UF condo tile thru-out, W/D, screen porch, pool & tennis. Minutes to Causeway. \$900/mo.

STUNNING!!
Offering this 2 story, Gorgeous custom 3 BR/3.5 BA Home, large gourmet kitchen, elevator, Huge mbr suite and bedrooms, 2 car garage, steps to beach. Fully furnished. All high end. \$6,000/mo.

WATERFRONT
This Beautiful, Private 4/2 home is on Bayou with Gulf & Bay access. \$2,950/mo.

BAYFRONT
2BR/2BA + Den Condo is offered fully furnished. Tennis/Pool. \$3,200 mo.



**Call Today
472-6747**
Gulf Beach Properties, Inc.

8/10 ★ TFN



EAST END COTTAGE

Annual or Seasonal rental, East End Cottage, 1/2 duplex, near beach, 2BR/1BA, Furnished or Unfurnished, Laundry, Non-smoking, No pets. Available Now, 630-417-0249.

8/10 ★ 8/17

ANNUAL HOUSE RENTAL SANIBEL

Furnished 2b/3ba, \$2,800 + utilities
Community pool + tennis
Call 239-931-3373

8/10 ★ 8/24

SERVICES OFFERED

SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available)
Joe Scarnato (239) 849-6163
scarnatolawn@aol.com

1/25 ★ TFN



Complete Landscaping Services & Weekly Lawn Service
New Client Special 10% OFF your Mulch Installation, Landscaping Project, or Tree Trimming Project.

239-896-6789

4/13 ★ TFN

SERVICES OFFERED

HELLE'S CLEANING SERVICES

Residential Cleaning to Satisfaction
Sanibel & Captiva • 239-565-0471
Sanibel Lic. #11412 Lee Co. Lic. #051047

1/4 ★ TFN

JC WINDOW CLEANING

Residential-Commercial-New Construction
\$120 Window Cleaning. Inside And Out. Single Home Or 10% Off. First Time New. Customers/Free Estimates.
JC 239-232-2232 jccpcleaning@aol.com

05/25 ★ TFN

ROGER NODRUFF ELECTRIC

Dock Lighting, affordable LED conversion. FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc, etc. Call or text Roger 239-707-7203
State License #13002788

4/20 ★ TFN

HELP WANTED

HANDY-MAN - PAINTER - LIGHT CARPENTRY

SANIBEL MARINA
634 N YACHTSMAN DR
SANIBEL
472-2723

8/3 ★ 8/10

FRONT DESK RECEPTIONIST

Part-time, 2 days a week, tolls paid.
Call 472 4690 or e-mail info@signalinn.com
LeeAnn, Signal Inn Condominium

8/3 ★ TFN

HELP WANTED

FRONT OFFICE MANAGER

position at Island Therapy Center in Sanibel. Experience in office administration, reception or front-desk tasks required. Medical office and scheduling software experience preferred. Seeking organized, efficient and friendly individual with excellent customer service and communication skills. Monday-Friday, full-time Oct-May and part-time to full-time June-Sept. Please e-mail resume to rachel@islandtherapycenter.com.

8/10 ★ 8/10

BOATS - CANOES - KAYAKS

DOCKAGE

Hourly, Daily, Weekly and Monthly.
Captiva Island 472-5800

1/4 ★ TFN

PUBLIC SERVICE

PUBLIC SERVICE ANNOUNCEMENT

ADDICTION SCREENINGS
Narconon can help you take steps to overcome addiction in your family. <http://www.narconon-suncoast.org>
Call today for free screenings or referrals. 877-841-5509

3/2 ★ TFN

Cycling Safety Notes

Ride to the right

Warn to pass

Wear a helmet

Use lights at night

Always be courteous



SANIBEL BICYCLE CLUB

How To Prevent Kids From Getting Hit By A Car

Every day in the U.S., more than 40 kids get hit by a vehicle while walking. That's over 15,000 children injured each year.

Unintentional pedestrian injuries are the fifth leading cause of injury-related death in the U.S. for children ages 5 to 19. Teenagers are now at greatest risk, with a death rate twice that of younger children, and they account for half of all child pedestrian deaths.

As students in Southwest Florida get ready to head back to school, now is the perfect time for a refresher course on walking safety. Safe Kids Worldwide and FedEx have teamed up to create an interactive infographic to teach families about seven common ways kids get hit by a car and what they can do to prevent it.

"Walking safely goes far beyond looking both ways before you cross the street," said Sally Kreuscher, Safe Kids Southwest Florida coordinator. "Safe Kids has identified common mistakes that walkers make and designed this new infographic as a teaching tool for how not to get hit by a car."

Seven common mistakes walkers make and what to do to prevent it:

Mistake # 1: Walking while distracted by a phone or headphones. One in four high school students crosses the street while distracted.

What to Do: Phones down, heads up when walking.

Mistake # 2: Crossing in the middle of the block. Crossing someplace other than an intersection accounts for more than 70 percent of child pedestrian deaths.

What to Do: Don't be tempted to cross mid-block. Take the extra time to cross at the corner.

Mistake # 3: Walking at night in dark clothes. 76 percent of pedestrian deaths for teens ages 15 to 19 occur between 7 p.m. and 7 a.m., when it's dark out.

What to Do: Be especially alert when it's dark out, and make sure drivers can see you.

Mistake # 4: Not watching out for

careless drivers. More than 1 in 5 child pedestrian deaths happens at an intersection.

What to Do: Look left, right, left before crossing and continue looking in all directions while crossing.

Mistake # 5: Walking in the road. Sidewalks can reduce pedestrian crashes by almost 90 percent.

What to Do: It's always best to walk on sidewalks or paths. No sidewalk? Walk facing traffic as far away from vehicles as possible.

Mistake # 6: Not watching out for cars that are backing up. Every month, seven kids under age 5 are killed by cars backing up.

What to Do: Watch out for cars backing up in parking lots and driveways.

Mistake # 7: Not paying attention to the second car. The first car stops for

the pedestrian in the crosswalk. The following car doesn't see why the car in front has stopped, so it zips around and hits the pedestrian. More than 80 percent of pedestrians die when hit by vehicles traveling at 40 mph or faster. Less than 10 percent die when hit at 20 mph or less.

What to Do: Pause at each lane of traffic and make eye contact with the drivers.*

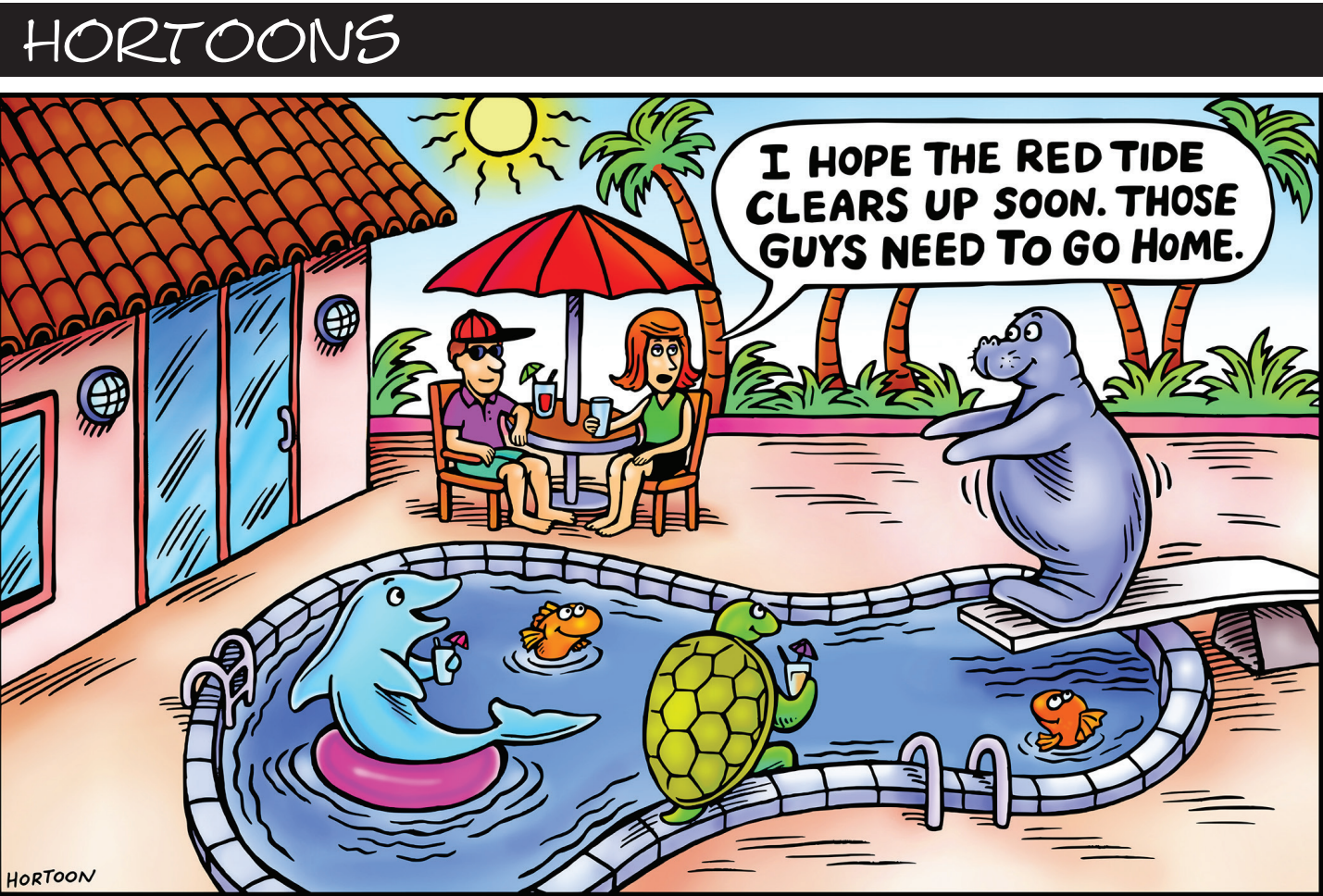
Celebrating Cats

Animal Services has found the PURRfect way to highlight some fantastic felines for the month of August. This is the time of year when the shelter has many more cats coming in than usual. There are cats and kittens of many varieties available.

Adoption fees will be reduced for the entire month to just \$10 each day for a different "cat-egory:" Manly Mondays – all male cats; Tabby Tuesdays – all tabby cats; Woman Wednesdays – all female cats; Tuxedo Thursdays – all black and white cats; Flashy Fridays – highlighting long-term residents; and Stately Saturdays – all senior cats.

The adoption package includes spay or neuter, microchip, up-to-date vaccinations, county license and a 10-day health guarantee. That package is valued at \$500. The team of volunteers and staff are waiting to introduce a new family member to their forever home. Stop by the adoption center 10:30 a.m. to 3:30 p.m. Monday through Saturday at 5600 Banner Drive in Fort Myers.

Visit www.leelostpets.com to see pets available for adoption.*



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Lynns Add	Fort Myers	2014	7,447	\$3,900,000	\$3,550,000	59
Sanibel Isles	Sanibel	1989	3,546	\$2,199,000	\$2,085,000	78
Cottage Sites Of Useppa	Useppa Island	1986	4,756	\$2,195,000	\$2,000,000	101
Siena	Bonita Springs	2008	4,176	\$1,649,000	\$1,575,000	32
Orchid Ridge	Estero	2000	4,277	\$1,565,000	\$1,500,000	17
Vittoria	Fort Myers	2006	4,597	\$1,349,900	\$1,250,000	109
Metes And Bounds	Captiva	1985	1,600	\$1,249,000	\$1,100,000	50
McGregor Isles	Fort Myers	2006	3,619	\$1,195,000	\$1,082,000	20
Hidden Harbor	Fort Myers	2016	3,172	\$1,099,990	\$1,030,000	496
Creekside	Bonita Springs	1998	3,130	\$1,099,000	\$1,099,000	110

TERRA NOSTRA

ITALIAN RISTORANTE

EST. 2008

Steaks • Seafood • Pastas • Veals • International Wine List!



Mondays & Tuesdays

Pasta for Two \$39

**1 Appetizer to Share
2 Pasta Selections
1 Dessert to Share**



Wednesdays & Thursdays

1/2 Off

**On All Our Wines
Bottle Selections
Domestic & International
Two Entrées Required**

**PROUDLY OWNED AND MANAGED
BY THE CACCIATORE FAMILY!**

HAPPY HOUR AT TERRA'S ALL SUMMER LONG!

MONDAY - FRIDAY 4PM TO 7PM

COLD DRINKS

HOUSE WINES & COLD BEERS	4\$
WELL DRINKS	5\$
BUBBLY PROSECCOS, SPRITZ & ROSÉ	6\$
MARTINIS & COCKTAILS	8\$

BAR BITES (SMALL PLATES) \$8 EACH

COLD SEAFOOD MEDLEY SALAD
SHRIMP COCKTAIL ICE COLD COCKTAIL SAUCE
CAPRESE SALAD FRESH MOZZ, TOMATO & FRESH BASIL,
BALSAMIC REDUCTION
OYSTERS ROCKEFELLER
AHI TUNA TARTARE + TERRA CHIPS
MUSSELS ANY STYLE
CLAMS IN BRODO STEAMED IN WHITE WINE
CRISPY CALAMARI SPICY MAYO & MARINARA
SALUMI PROSCIUTTO, SOPPRESSATA CALABRESE, OLIVES
MEATBALLS PICCOLINI MARINARA
PICCOLA EGGPLANT PARMIGIANA
ITALIAN SAUSAGE PEPPERS & ONION BITES



TerraNostraDining.com

Opens at 4pm! Mon-Sat. • 15880 San Carlos Blvd (In Target Center)
(239) 590-8147 • www.TerraNostraDining.com